



music as therapy
international

Registered Charity No: 1070760

As we enter the Autumn months, our Partner Bulletins are returning (every 2-3 months). We hope you had a rejuvenating summer and would love to hear from you on how your music has been going. If you have any new tips and ideas for the Partner Network, do let us know. We have new projects and partners to share news of below, and a free online course offered by our friends at Nordoff Robbins.

Enjoy!

As always, please [get in touch](#) if there is something particular you'd like help with or a musical story you'd like to share.

Read on to discover this month's Activity Focus, Recent News & Partner Opportunities

Get in touch! |

Activity Pick: [Caring with Music](#) (FutureLearn Online Course)

Online Courses / Healthcare & Medicine



NEW

Caring with Music: Can Music Do More In Adult Care Settings?

Learn how music can help you in your work as an adult caregiver and explore ideas from music therapists to use in care settings.

Join course for free



Music therapy charity Nordoff Robbins have designed [this free course](#) for practitioners caring for vulnerable adults. It is designed for those who work at a range of care settings: care homes, day centres, hospices, secure wards, and more. It teaches participants, among other things, to: Describe ways in which music can be used to enhance and ease daily routines and difficult moments in care settings; Demonstrate how familiar songs can be adapted to interact with people you support; Explain why specific instruments might be chosen for the people you support - and much more.

For those of you who have trained with us already, this may provide the perfect refresher for your ideas and music sessions. And, if you have colleagues who have expressed an interest in your music skills, why not send it to them - it's also a great introduction to why and how music can be used to support vulnerable people within care.

Recent News

The Interactive Music-Making Course begins We're so pleased to say that after a year of Covid deferment, the IMM Course (our structured training programme for early years practitioners) has begun! [Read our blog on its progress here.](#)



PROJECT ANNOUNCEMENT! Piloting our approach in mainstream primary education

Clare Reynolds will be leading our first project with primary age children, in partnership with Caol School in Fort William. The project will assess the relevance of the skill-sharing approach for this new client group, in response to the rising mental health and wellbeing demands of young children since the Covid Lockdown. [Read more here.](#)



Final project blog from The Children's Trust Back in August our newest partners at The Children's Trust finished their training project, ending the six weeks' by leading a great group session. We'll be working with them, and music therapists Sophie Dawson, towards a Follow-Up Visit this November.



'It was fantastic to see the overwhelmingly positive reactions from the pupils. It was lovely, and important to note, the relationship the carers have with the pupils. This is what made the groups special....Pupils were engaging with staff in a way they hadn't done before and this was exciting for both staff and pupils to be a part of. The carers facilitated a real sense of community.'

[Read Sophie's blog here.](#)

Partner Opportunities

Online CPD Events for Early years partners [Sign up](#) to our **final CPD Event of the year!** Join us on Zoom, on Weds 13th Oct, to share successes, challenges and ideas for your interactive music-making practice. Whatever the current limitations, it's always a great chance to catch up with other practitioners and think

Enhance your Musical Instrument Collection by applying to our Musical Instrument Fund

Several of you told us that concerns about COVID cross-contamination meant it was difficult to pass and share instruments. Would additional musical instruments improve your work? Or are there new instruments you



about how to use music once you return to your setting after lockdown.



would like to make available to the people you work with? Or has your collection suffered from regular use and is in need of revitalisation? *Apply [here](#).*