



## Kongerera Amahirwe yo Kugira Ubumenyi ku Muziki urubyiruko Rufite Ibibazo rwo mu Rwanda



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# 1. Abanditsi



Fidele Nshimiye



Alphonsine Musabyen



Audace Musoni



Alexia Quin



Makeda Mitchell





# 1. Abanditsi

## Fidele Nshimiye



**Fidele**

“

Since I was trained in music as therapy it has helped me in my work because it has allowed me to interact with children with disabilities. Those who cannot speak have expressed their feelings to me so that I can hear them. It also encouraged children to be creative and work in groups. It also motivates children to be active in other activities.



music as therapy  
international

Recommended Trainer

Fidele Nshimiye akora mu kigo cya Urugwiro hamwe n’abana bafite ubumuga kandi akaba yarakoresheje umuziki mu kazi ke kuva mu 2016. Fidele kandi afite uburambe bwo gukorana n’abantu bafite ibibazo byo mu mutwe kuko yabikozemo muri Repubulika Iharanira Demokarasi ya Kongo.





# 1. Abanditsi

## Alphonsine Musabyemariya



**Alphonsine**

“

What I can say about music as therapy is that it helps me in my daily work and peoples' family life. In my work, when we work with music as therapy it helps each child in their own way. For families, when music as therapy is used for people who have experienced trauma and those who are lonely, it really helps them to become happy in doing their daily activities. Music as therapy helps me to discover the details of each child during the lesson, to know their likes and dislikes. Music as a cure has come to light for all people with mental health problems. I also encourage everyone to love music as therapy and to share it with others. A family that uses music as therapy is free from conflict.



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Recommended Trainer

Alphonsine Musabyemariya akora mu kigo cya Alivera, akorana n'abana n'urubwiruko bafite ubumuga kuva mu 2007.

Yakoresheje muziki mu kazi ke kuva mu 2009.





# 1. Abanditsi

## Audace Musoni



**Audace**



I find using music inspiring because music is popular, music is healing medicine, music is life and also music is a source of incomes. You reach your objective at a high rate if you use music in your activities.

Music creates quick impact and facilitates to positively change the society. For example, using music with the children and young people with disability from Urugwiro Centre and Alivera Centre made them live a purposeful life (some of them are carpenters, tailors,...)



music as therapy  
international

Recommended Trainer

Audace Musoni ni umuhuzabikorwa w'Ikigo cy'Urubyiruko cy'Akarere ka Rusizi Yatangiye gukoresha umuziki kuva mu 2009. Audace afite uburambe bunini bwo gukorana n'urubyiruko rusanze ndetse n'abafite ubumuga kuva mu 2016.

[Music as Therapy International wafashe inkuru ya Audace kuva ahuye bwa mbere n'abagiraneza ndetse n'ibyo yagiye akora vuba aha](#)





## 1. Abanditsi

# Alexia Quin



Alexia Quin OBE  
Director



Alexia Quin ni umuhanga mu gukoresha umuziki nk' ubuvuzi ni na we washinze umuryango Music as Therapy International. Yamenyekanye mu bikorwa bye byo guteza imbere ubuvuzi bw' umuziki mu bice bitandukanye by' isi aho yahawe ibihembo na WFMT Advocate of Music Therapy Award muri 2017 ndetse n' igihembo yahawe na OBE muri 2021, kuri serivisi z' umuziki ukorwa nk' ubuvuzi.

**Ni iki gitera Alexia kumva afashijwe n' umuziki?**





## 1. Abanditsi

### Makeda Mitchel



Makeda Mitchell ni Umuhuzabikorwa wa Gahunda Mpuzamahanga ya Music as Therapy International kandi akorana cyane n'abafatanyabikorwa bacu bo mu Rwanda mu bikorwa byabo byo guhugura.



**Ni iki cyafashije Alexia na Makeda kubyerekeye umuziki?.**





### 3. Gushimira



Kubera ibikorwa bya Music as Therapy International mu Rwanda, hari umuryango w'abagiraneza wabishimye cyane, ushima uruhare rwabo, imyitozo n' inama bagiye batanga.

Iyi ePoster yahinduwe muri Kinyarwanda (ururimi gakondo rwo mu Rwanda) ndashimira by'umwihariko Ildephonse Nsengiyumva kuba yarakoze imirimo yo guhindura.







### 3. Gushimira

*Ibikorwa bya Music as Therapy International mu Rwanda byatangijwe na Helen Leith na Judith Nockolds, bamaze igihe mu Rwanda bakorera ahantu hatandukanye hamwe n'abana babana n'ubumuga n'urubyiruko ndetse bagirana umubano na Tubakunde. Tubakunde ni ni impuzamashyirahamwe y'imiryango nyarwanda yiyemeje gukorera ubuvugizi babana n'ubumuga.*

*"Helen yari umuntu w'intwari cyane;  
ufite umuhate wo gufasha no kwita ku  
batishoboye ndetse n'ishyamba ryo  
gukwirakwiza umuziki nk'ubuvuzi."  
**(Abatoza bo mu Rwanda)***





### 3. Gushimira

Dr. Caroline Anderson na Dr. Nicky Haire batanze amahugurwa y' intangiriro (gusangira ubuhanga), babifashijwemo na Therese Mukandariyo na Consuelo Ceribelli.

*"Nicky na Caroline ni abatoza babigize umwuga kandi batwigishije gukoresha umuziki nk'ubuvuzi n' ubwo tutumvaga neza icyongereza. Barabishoboye kandi turabakunda. Bafite impano yo guhanga udushya kandi ni abahanzi nyabo muri gukorana n'amatsinda atandukanye y'abakiriya.*

**(Abatoza bo mu Rwanda)**





### 3. Gushimira

Andi mahugurwa y' intangiriro kuri muzika nk' ubuvuzi yatanzwe n' abahanga mu muziki nk' ubuvuzi barimo Isabel Bedford, Una McInerney, Lindsay McHale babifashijwemo na Jane Robbie na Hannah Hulin.

*"Hannah na Lindsay, n' ubwo tutakoranye igihe kinini, hari ikintu twabonye muri bo: bafite uburambe bwo gukoresha umuziki."*

**(Abatoza bo mu Rwanda)**





## 4. Iriburiro ku muziki w' u Rwanda



Umuziki wu Rwanda ufitanye isano n' umuco kuko na wo ni umuco wihariye. Umuziki w' U Rwanda urihariye kuko ukoresha ibikoresho gakondo: (urugero: amahembe, ingoma zikoze mu ruhu) n' uburyo bwihariye bwo kubyina (urugero: Umushayayo, Guhamiriza, Ikinimba). Indirimbo zo mu Rwanda zikurura amarangamutima y' abawumva cyangwa abawureba.

[Ni Audio y'isomo ku muziki w' U Rwanda iwugaragaza ko ari umuco ukungahaye.](#)





## 4. Iriburiro ku muziki w' u Rwanda

### Indrimbo y' u Rwanda "Sangwa Rwanda"



[Visit this link to listen to this Rwandan Song: "Sangwa Rwanda" by](#)

[Clarisee Karasira](#)





## 5. Guhugura abita ku babana n' ubumuga uko bakores

Impamvu yo Guhugura Abarezi b'Abanyarwanda Gukores



Ingengabihe y' amahugurwa y'abazahugura abandi





## 5. Guhugura abita ku babana n' ubumuga uko bakores



Amahugurwa DVD: Ni iminota 3 ya mbere ya videwo y' amahugurwa yakozwe na Music as Therapy International ikoreshwa mu gutanga amahugurwa y' intangiriro mu Rwanda. Iyi videwo ikubiyemo amashusho y' imyidagaduro y' umuziki uyobowe n' abafatanyabikorwa bo mu Rwanda kandi isobanurwa na Helen Leith umuhanga mu by' umuziki w'Umwongereza watangije Umuziki nk'ubuvuzi mu Rwanda. Abatoza bo mu Rwanda na bo bakoresha iyi videwo mu mahugurwa yabo.

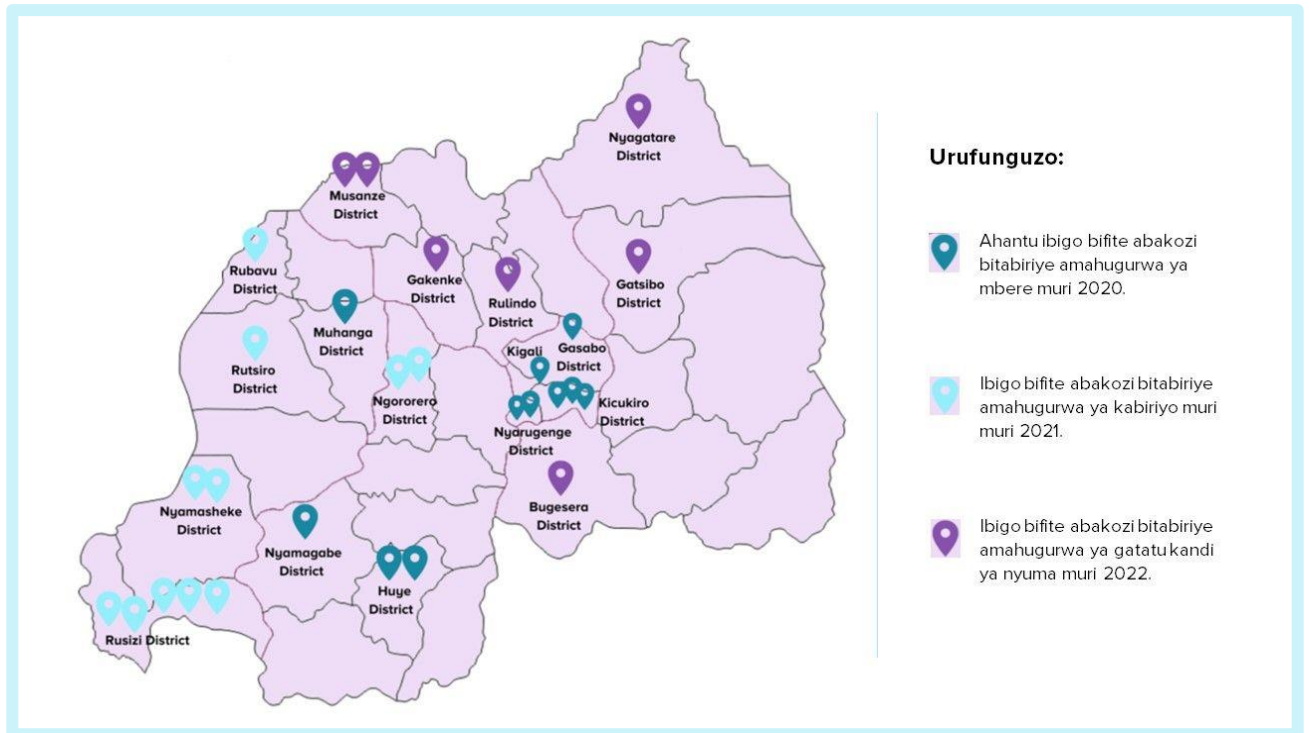
[Visit this link to view a video extract created by Music as Therapy International for introductory trainings in Rwanda.](#)





## 6. Ingaruka z' ibyiciro bitatu by' amahugurwa

### Participants' Workplace Locations



Iyi ni ikarita yu Rwanda ifite urutonde rw' uturere tw' igihugu. Aka kambi hejuru y' ikarita kerekana uturere duherereyemo aho abakozi bitabiriye amahugurwa yo muri 2020, 2021 na 2022 bakorera mu Rwanda.







## 6. Ingaruka z' ibyiciro bitatu by' amahugurwa

Ubunararibonye bw' abatoza bitabiriye amahugurwa



Soma byinshi ku musaruro wavuye mu mahugurwa atatu yaba ku bahuguye yaba no kubahuguwe.





## 6. Ingaruka z' ibyiciro bitatu by' amahugurwa

Urufunguzo: Ahantu ibigo bifite abakozi bitabiriye amahugurwa ya mbere muri 2020;



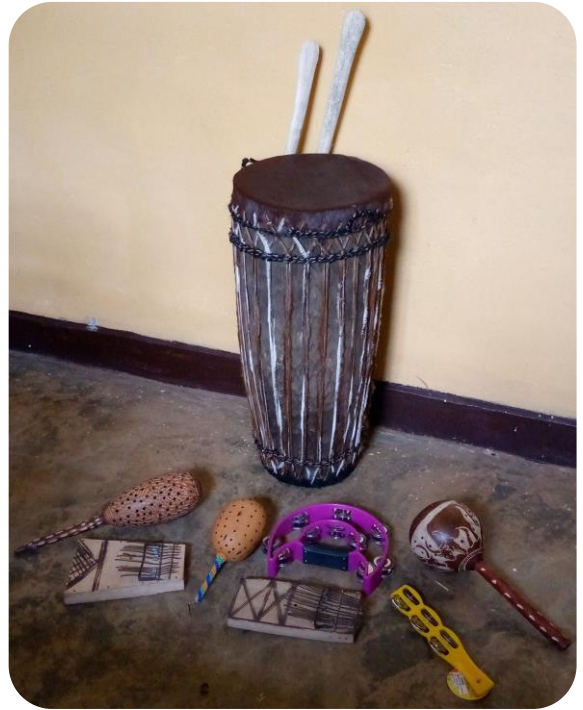
[Video ngufi y'amahugurwa y'abatoza bo mu Rwanda 1](#)





## 6. Ingaruka z' ibyiciro bitatu by' amahugurwa

Ibigo bifite abakozi bitabiriye amahugurwa ya kabiriyo muri muri 2021;





## 6. Ingaruka z' ibyiciro bitatu by' amahugurwa

Ibigo bifite abakozi bitabiriye amahugurwa ya kabiriyo muri muri 2021;



[Video y' abatoza bo mu Rwanda mu mahugurwa ya 2](#)





## 6. Ingaruka z' ibyiciro bitatu by' amahugurwa

Ibigo bifite abakozi bitabiriye amahugurwa ya gatatu kandi ya nyuma muri 2022.





## 6. Ingaruka z' ibyiciro bitatu by' amahugurwa

Ibigo bifite abakozi bitabiriye amahugurwa ya gatatu kandi ya nyuma muri 2022.





## 6. Ingaruka z' ibyiciro bitatu by' amahugurwa

Ibigo bifite abakozi bitabiriye amahugurwa ya gatatu kandi ya nyuma muri 2022.





## 7. Gahunda z'ejo hazaza

Abatoza bo mu Rwanda bamaze igihe bategura gahunda zabo z'ejo hazaza, zirimo:

1

Gutanga inkunga ihoraho ku bitabiriye amahugurwa atatu kuva 2020-2022, bikubiyemo gusura abitabiriye amahugurwano kubitaho;

2

Gukorana na Music as Therapy International kugirango umusaruro w' igihe giciriritse wavuye muri ayo mahugurwa;

3

Gukorana na Music as Therapy International kugirango yongerere ubushobozi Led Musical Therapy Association;

4

Guha amahirwe urubyiruko rwo mu Rwanda rufite ibibazo bitandukanye mu kugera ku byiza by'umuziki nk'ubuvuzi no gukangurira abantu gukoresha imiziki mu Rwanda muri rusange.







## 8. Dipliant y'amahugurwa



[Dipliant y'amahugurwa \(Icyongereza\)](#)



[Dipliant y'amahugurwa \(Kinyarwanda\)](#)





## 9. Youth Led Musical Therapy Association (YLMT)

Ishyirahamwe  
ry'abatoza bo mu  
Rwanda



Icyemezo cya RGB



Uko wabonana na  
Youth Led Musical  
Therapy



Urubuga rwa  
Youth Led Musical  
Therapy





## 10. Igitekerezo cyawe



music as therapy  
international



Niba ufite umwanya wo gutanga ibitekerezo ku burambe bwawe kuri iyi nyandiko, ushobora kwandika igitekerezo kigufi mu nyandiko wifuza cyangwa ugasubiza ibibazo 6 bigufi bittuyugaho. Twizishimiira kugutega amatwi!

