



International Partner Survey Report



music as therapy
international

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Abbreviations

MasT: Music as Therapy International

Glossary

Partners:

These are people who have participated in our training projects and may be employed in any care setting in any capacity.

Vulnerable people:

These are the children and/or adults who are in the care of our Partners and who benefit from our Partners' music sessions.

Care setting (or setting):

These are the places where our Partners work and either use music or principals of music therapy with those in their care. Care settings include: schools, clinics, hospices, centres for any age demographics or specific special needs, therapy centres, etc.

Music:

This refers to the use of music in a therapeutic way.

Music session:

This is a period of time that our Partners devote to using music either with individuals or in groups.

Introductory Training project:

We work in partnership with care settings and new Partners to tailor and deliver training projects which will introduce music into their care. Led by a professional music therapist, each project aims to equip people working at the heart of care with the skills, resources, experience and confidence to run music sessions independently. The types of Introductory Training project that are referred to in this report include: On-site skill-sharing, Distance learning, Structured training, Online training.

Thank you note

Our Partners worldwide are essential to the *Music as Therapy International's* vision to make music an integral part of care for vulnerable children and adults worldwide. *Music as Therapy International* can provide training and support, but it is our Partners who increase local access to the therapeutic benefits of music. So to maximise on this local potential, we always want to understand as much as we can about our Partners' work, about the children and/or adults they work with and the impact they see their music sessions have. In 2019/20 we invited all our international Partners to complete a survey to tell us about their work with music and give us insight into the true impact of our training projects. To all our Partners who completed and returned the survey, thank you very much!

A total of 72 Partners worldwide who work in 56 care settings in 7 countries participated in our survey. Their feedback and information has been extremely useful for us to learn from and very inspirational. Whilst not all of our international Partners returned surveys, engagement was sufficient for us to believe the information and data presented in this report is representative of our Partners' experiences more widely.

This report has been compiled to champion local achievements, our Partners' pride in their work and the impact of their music sessions. It has been fascinating to see the similar and different ways the role of music is evolving within care and education in different countries. Read on to find out more about our Partners, about the creation of our survey, to see a global overview of findings from all our Partners' surveys, to examine individual country summaries, and to hear our key learnings from our Partners' feedback. *Note:* Individual Country Summaries are presented in the order in which *Music as Therapy International* began working in each country.

Who are our Partners?

Over the last 25 years, *Music as Therapy International* has built an international network of 341 Partners to date working in 7 countries with potential to create the opportunity for a total of 16,338 vulnerable children and adults worldwide to access music this year alone. The international partner survey has helped us to acknowledge the level of active engagement we have with some of our Partners.

Typically, the number of people we have trained increases with every year that passes, but of course people's work changes over time. In some instances, some Partners stop using music or even leave the caring profession. But often their work just re-locates or is interrupted temporarily. With support and opportunity, we have discovered that many introduce music back into their work when changes stabilise. Not all our Partners were able to participate in our survey, even if they actively or occasionally engage with us, but we are pleased to have collected a sample of responses from many of our Partners from each country.

The majority of our Partners worldwide within our network are: mainstream and special needs teachers; support teachers; youth leaders; managers; support workers for vulnerable people; music, art and instrumental teachers; therapists; psychologists; social workers; outreach workers; librarians; volunteers; administrators; and project coordinators. Whatever our Partners' role and wherever they work, our Partners all share a common motivation to embed music into the activities and care they provide.

We are very proud of our Partners' achievements and commitment. We take huge satisfaction from being able to walk alongside them as they develop their use of music and wider recognition of its therapeutic benefits wherever they are working; this survey has given us the opportunity to hear our Partners' reciprocal appreciation of working with us (96% of our international Partners said they would recommend *Music as Therapy International* to others and 89% told us that our ongoing support is important to them). This affirms why we seek to keep genuine Partnerships integral to how we work.

Background of the International Partner Survey

Music as Therapy International has long wanted to use a single survey across all of our International Partners to gain deeper understanding of their perspectives worldwide relating to their experiences of our training and support, and the impact music has subsequently had for the vulnerable people in their care. Inspired by our UK Partners engagement in a similar survey and their pride in their work, with guidance from our Advisory Panel, we adapted the UK survey to design another one relevant for our International Partners to complete.

A great team of translators enabled us to send the surveys in some of our Partners' local language, where appropriate. Surveys were distributed in Romanian; Arabic (for our Palestinian Partners); Kinyarwanda (for our Rwandan Partners); Georgian; Amharic (for our Ethiopian Partners); and Burmese (for our Partners in Myanmar). Although many of our Partners in India speak Hindi or Telegu, English is commonly used and so our survey was shared with them in English. We also encouraged our Partners to complete the surveys in their local language, translating their responses as we received them. We hoped working in the local languages would reduce risks of misinterpretations and optimise our Partners' ability to express themselves fully. This strengthens our confidence that this report accurately reflects our Partners' feedback and perspectives.

All International Partners



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Overview of all International Partners

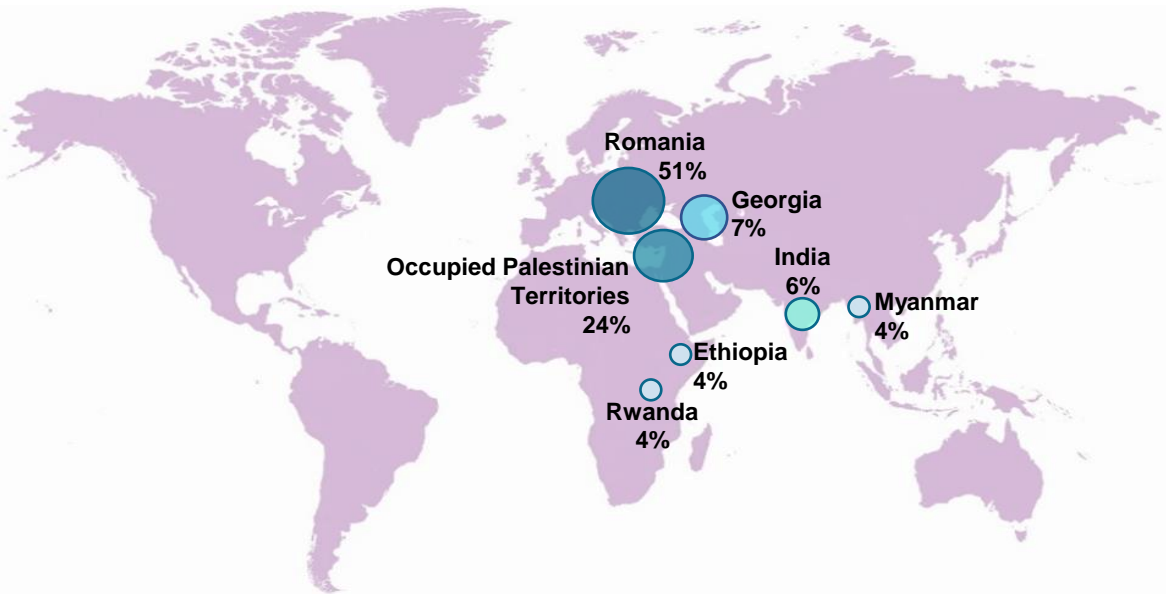
Music as Therapy International have Partners from as long ago as 1998, until as recently as 2021. Many of these Partners are people who are still using music, and on average, our international Partners have been using music for 7 years.

Some of our Partners are still using music or the principals of music in the same care setting where their Introductory Training initially took place, and some in new care settings where they carried on their music practice or even in their own newly established care settings.

Our Partners worldwide

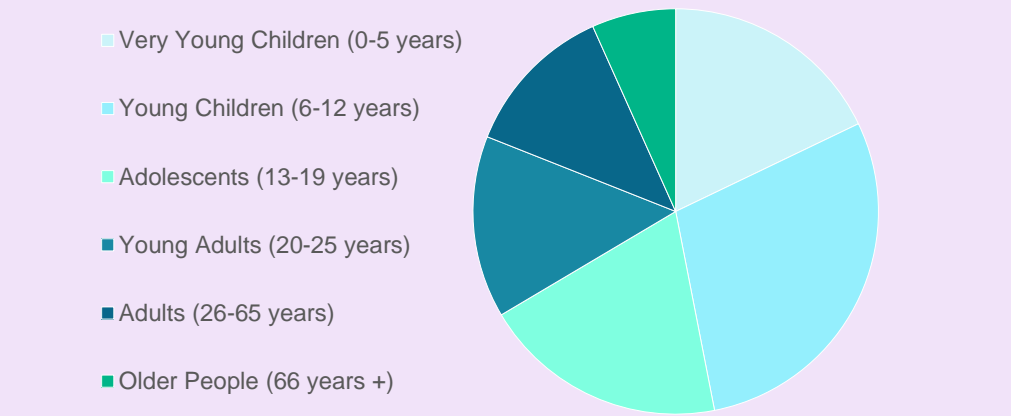


The map below displays the proportion of surveys completed per country.



Vulnerable people our Partners work with

The below pie chart represents the age groups of the vulnerable people who participate in the music sessions ran by our Partners worldwide.

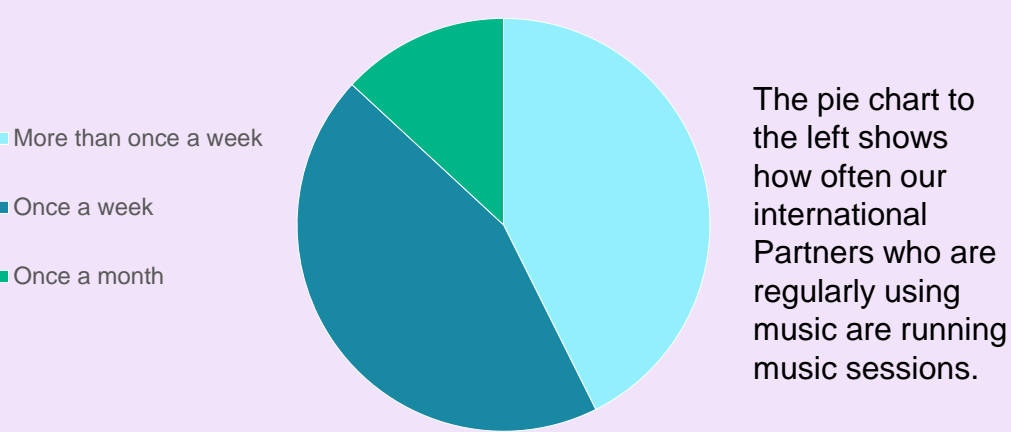


The majority of our Partners worldwide are using music with vulnerable children and/or adults who have **communications difficulties**, **attention difficulties**, **learning disabilities**, and who are **hyperactive**.

Music sessions

67% of all our Partners who returned a completed questionnaire are regularly using music. 92% of our Partners worldwide have shown colleagues how to use music and 83% talk to colleagues or other people about using music.

The Venn diagram on the right displays the percentage of our international Partners who are either using music with individuals and/or in groups.



The pie chart to the left shows how often our international Partners who are regularly using music are running music sessions.

Impact of Introductory Training project

- Since the Introductory Training projects:
 - 99% of our Partners agree that what they have learnt has changed how they teach, work or provide care.
 - 92% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.
 - 97% of our Partners are proud of their music sessions.
 - 94% of our Partners are more confident.
 - 90% of our Partners have more responsibility now.
 - 92% of our Partners are more committed to their work.

Impact of our Partners' music sessions

- 89% of Partners have indicated that the vulnerable people who are in their care are benefiting from participating in music sessions.
- The majority of all our Partners have noticed that the top therapeutic benefits from music for the vulnerable people in their care are: **enjoyment**; **participation**; **emotional expression**; **concentration**; and **reduced stress**.

Experiences of working with *Music as Therapy International*

- 86% of our Partners worldwide felt that it was easy to arrange their participation in their initial Introductory Training project.
- 92% of our international Partners enjoyed participating in their Introductory Training project.
- 92% of our Partners worldwide expressed that the music therapist who delivered their project was professional and had the experience our Partners needed.
- 89% of our international Partners expressed that ongoing support from *Music as Therapy International* is important.
- 96% of our Partners worldwide would recommend *Music as Therapy International's* training to others.

A group of approximately ten children and one adult are sitting in a circle on a wooden floor in a room with yellow walls. The adult, a woman with long brown hair, is playing a large red and white djembe drum. The children are playing various instruments: some are playing small hand drums, one is playing a xylophone, and another is playing a yellow tambourine. A boy in the foreground is holding a colorful water bottle. The room has a window with a white radiator and some toys on a shelf in the background.

Romania



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Romania

Music as Therapy International has been delivering projects in Romania since 1998, making Romania the country where *Music as Therapy International* has worked the longest, and our Partners who participated in the survey span the lifetime of the charity's work.

Impact



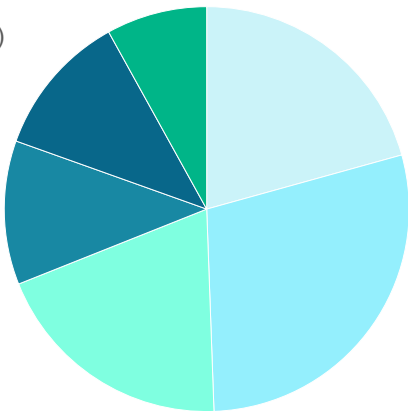
32 care settings across Romania are where our Partners who returned a completed survey are working.



2,688 vulnerable people have the opportunity to access the music sessions offered by our Romanian Partners who participated in the survey.

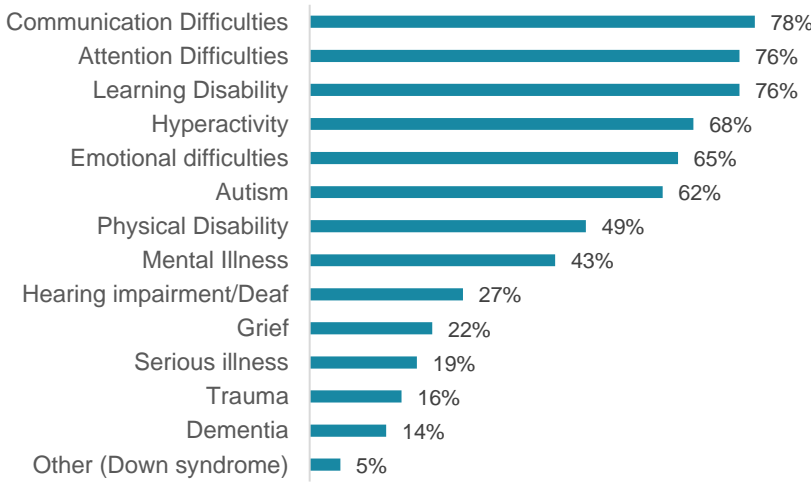
The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young Children (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)
- Adults (26-65 years)
- Older People (66 years +)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Romanian Partners.

The bar chart on the right shows the percentage of our Romanian Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



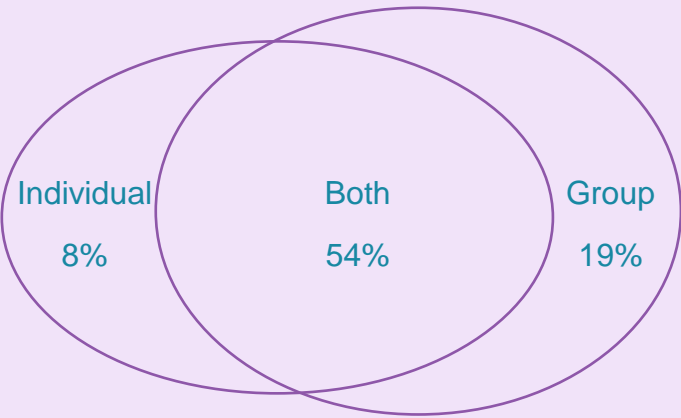
Music sessions

62% of our Romanian Partners who returned a completed questionnaire are regularly using music, whilst 27% occasionally use music. 30% of our Partners are running music sessions more than once a week, 35% are running sessions once a week and 19% are using music once a month.

68% of our Partners feel that music sessions are an important part of their work and 57% feel that the sessions are important to their care settings' timetable.

89% of our Romanian Partners have shown colleagues how to use music and 70% talk to colleagues or other people about using music.

The Venn diagram on the right displays the percentage of our Partners in Romania who are either using music with individuals and/or in groups.



Impact of Introductory Training project

Since our Romanian Partners' Introductory Training project:

97% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

97% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.

95% of our Partners are proud of their music sessions.

92% of our Partners are more confident.

92% of our Partners have more responsibility now.

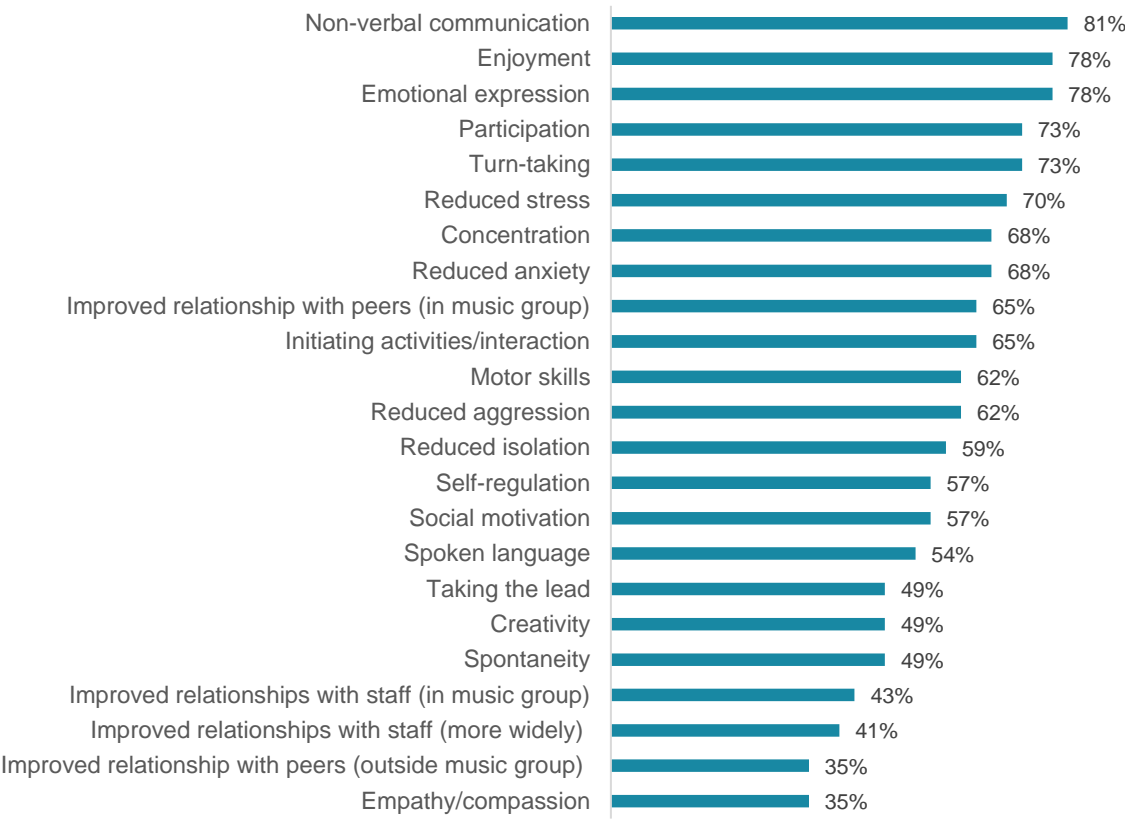
89% of our Partners are more committed to their work.

“Working with music has had an overwhelming importance in the evolution of my career.”

(Centru de Educatie Inclusiva Nr. 1 Bacau, 2020)

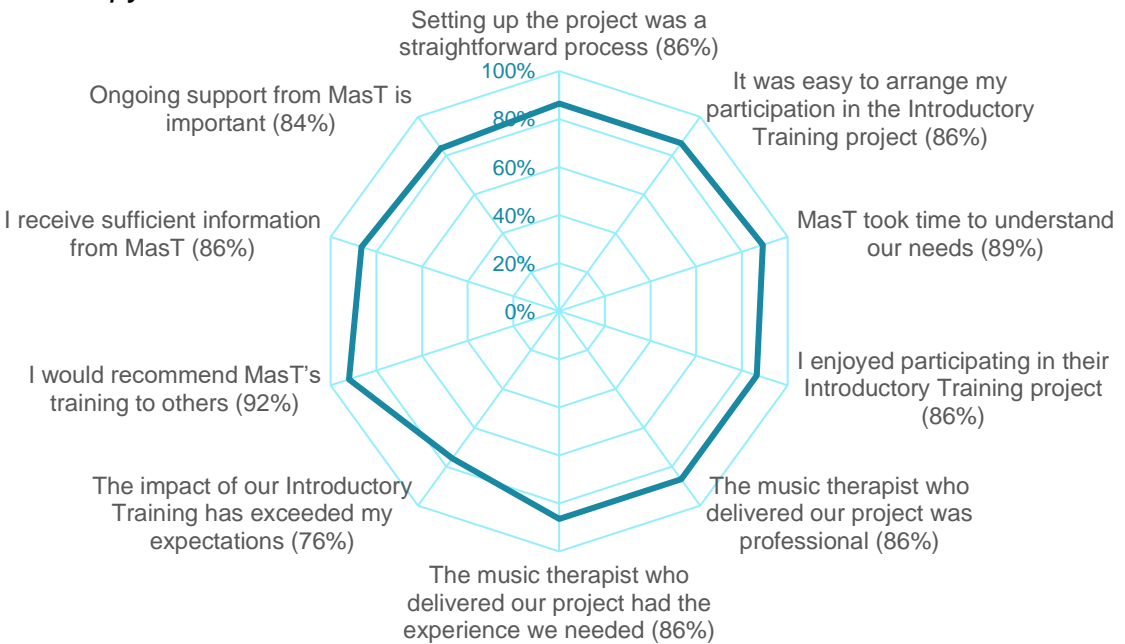
Impact of our Partners' music sessions

The below bar chart shows the percentage of our Romanian Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



Experiences of working with *Music as Therapy International*

The below chart shows the percentage of our Romanian Partners who agree with the statements regarding their experience of working with *Music as Therapy International*.



Occupied Palestinian Territories



Occupied Palestinian Territories

Music as Therapy International has been working in the Occupied Palestinian Territories since 2009, initially using our Field Project model and then delivering our Blended Learning Programme, which is a locally tailored adaptation of the Distance Learning Model.

Impact



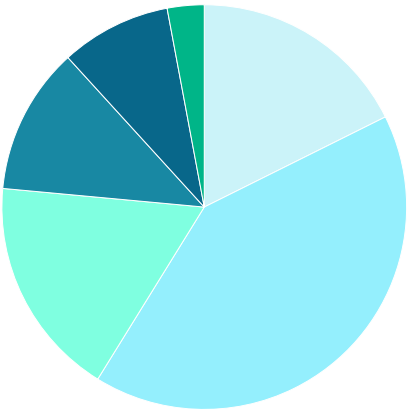
10 different care settings are where our Palestinian Partners who returned completed questionnaires work and use music.



5,713 vulnerable people have the opportunity to access the music sessions ran by our Palestinian Partners who returned completed questionnaires.

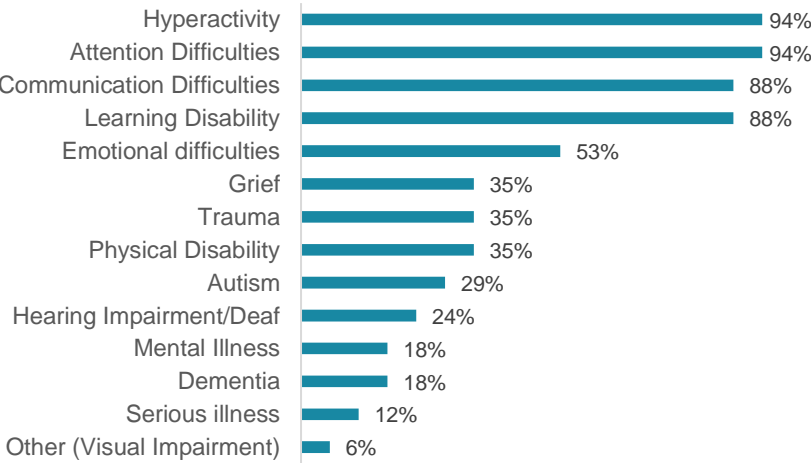
The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young Children (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)
- Adults (26-65 years)
- Older People (66 years +)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Palestinian Partners.

The bar chart on the right shows the percentage of our Palestinian Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



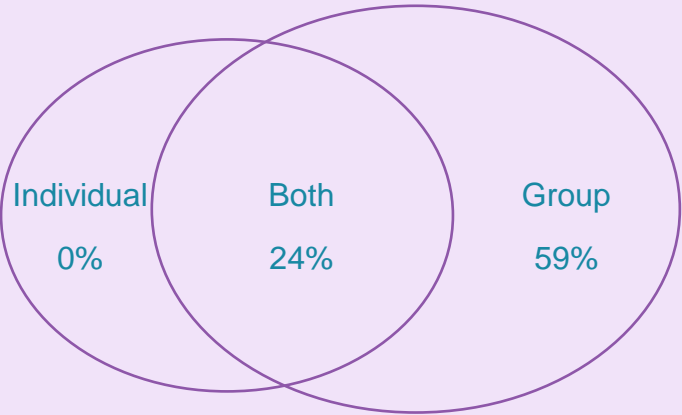
Music sessions

76% of our Palestinian Partners who returned a complete questionnaire are regularly using music, with 41% of Partners running music sessions more than once a week and 35% running sessions once a week.

100% of our Partners feel that music sessions are an important part of their work and 94% feel that the sessions are important to their care settings' timetable.

100% of our Partners talk to colleagues or other people about using music and 88% have shown colleagues how to use music.

The Venn diagram on the right displays the percentage of our Palestinian Partners who are either using music with individuals and/or in groups.



Impact of Introductory Training project

Since our Palestinian Partners' Introductory Training project:

100% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

71% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.

100% of our Partners are proud of their music sessions.

94% of our Partners are more confident.

94% of our Partners have more responsibility now.

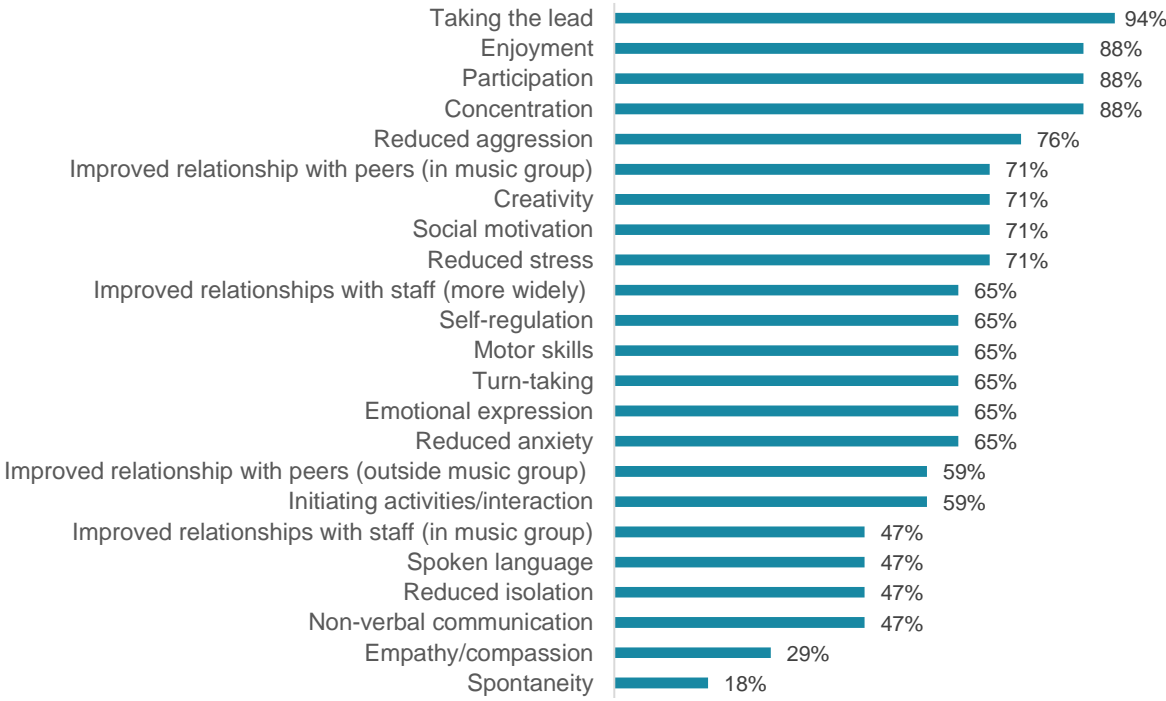
88% of our Partners are more committed to their work.

“Music sessions give the therapist a wide space to be creative and create new activities as needed.”

(Evangelical Lutheran Church in Jordan and the Holy Land School, 2020)

Impact of our Partners' music sessions

The below bar chart shows the percentage of our Palestinian Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



Experiences of working with *Music as Therapy International*

88% felt that setting up the project was a straightforward process, resulting in 82% feeling it was easy to arrange their participation in the project.

53% agreed that *Music as Therapy International* took time to understand their needs for their Introductory Training project, whilst 12% did not know.

94% of our Partners enjoyed participating in their Introductory Training project.

100% of our Partners expressed that the music therapist who delivered their project was professional.

100% of our Partners expressed that the music therapist who delivered their project had the experience they needed.

100% of our Partners would recommend *Music as Therapy International's* training to others.

88% felt that they receive sufficient information from *Music as Therapy International*.

94% of our Palestinian Partners expressed that ongoing support from *Music as Therapy International* is important.

Rwanda



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Rwanda

Music as Therapy International has been working in Rwanda since 2009, and some of our Partners have become local trainers with an awarded recommended status by *Music as Therapy International*.

Impact



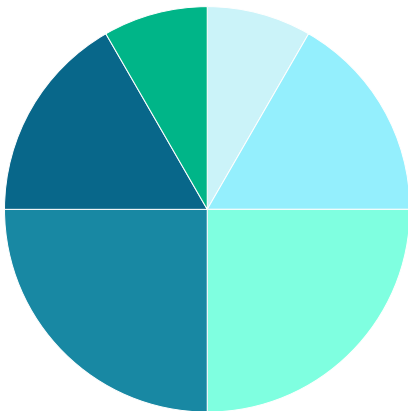
3 out of 5 care settings in Rwanda where *MasT* delivered Introductory Training project are where participants of the survey are using music.



447 vulnerable people have the opportunity to access the music sessions offered by our Rwanda Partners who participated in the survey.

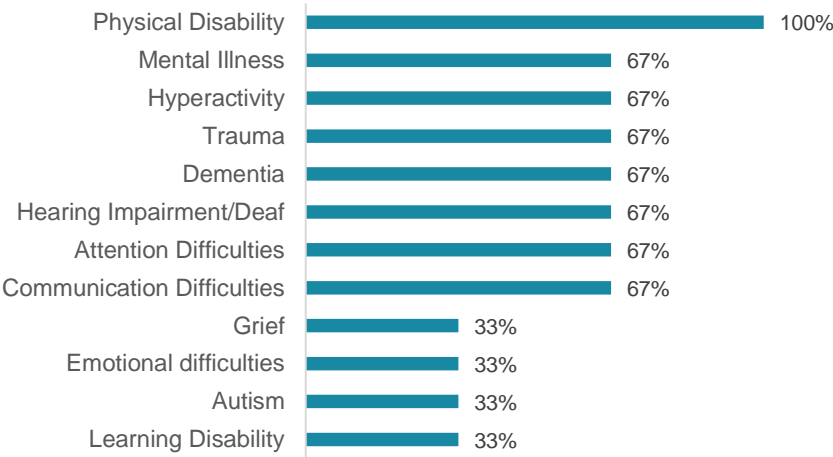
The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young ChildreN (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)
- Adults (26-65 years)
- Older People (66 years +)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Rwandan Partners.

The bar chart on the right shows the percentage of our Rwandan Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



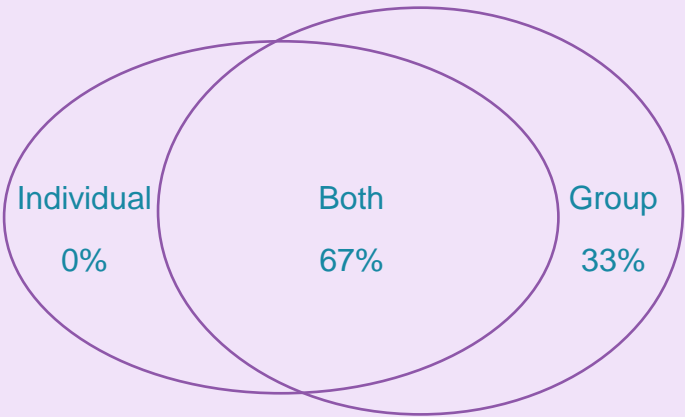
Music sessions

All of our Rwandan Partners who returned a completed questionnaire are still using music.

Music sessions are a very important part of our Rwandan Partners' work and their care settings' timetable. 67% of our Partners are running music sessions more than once a week and 33% are using music once a week.

100% of our Rwandan Partners have shown colleagues how to use music and talk to colleagues or other people about using music.

The Venn diagram on the right displays the percentage of our Partners in Rwanda who are either using music with individuals and/or in groups.



Impact of Introductory Training project

Since our Rwandan Partners' Introductory Training project:

100% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

100% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.

100% of our Partners are proud of their music sessions.

100% of our Partners are more confident.

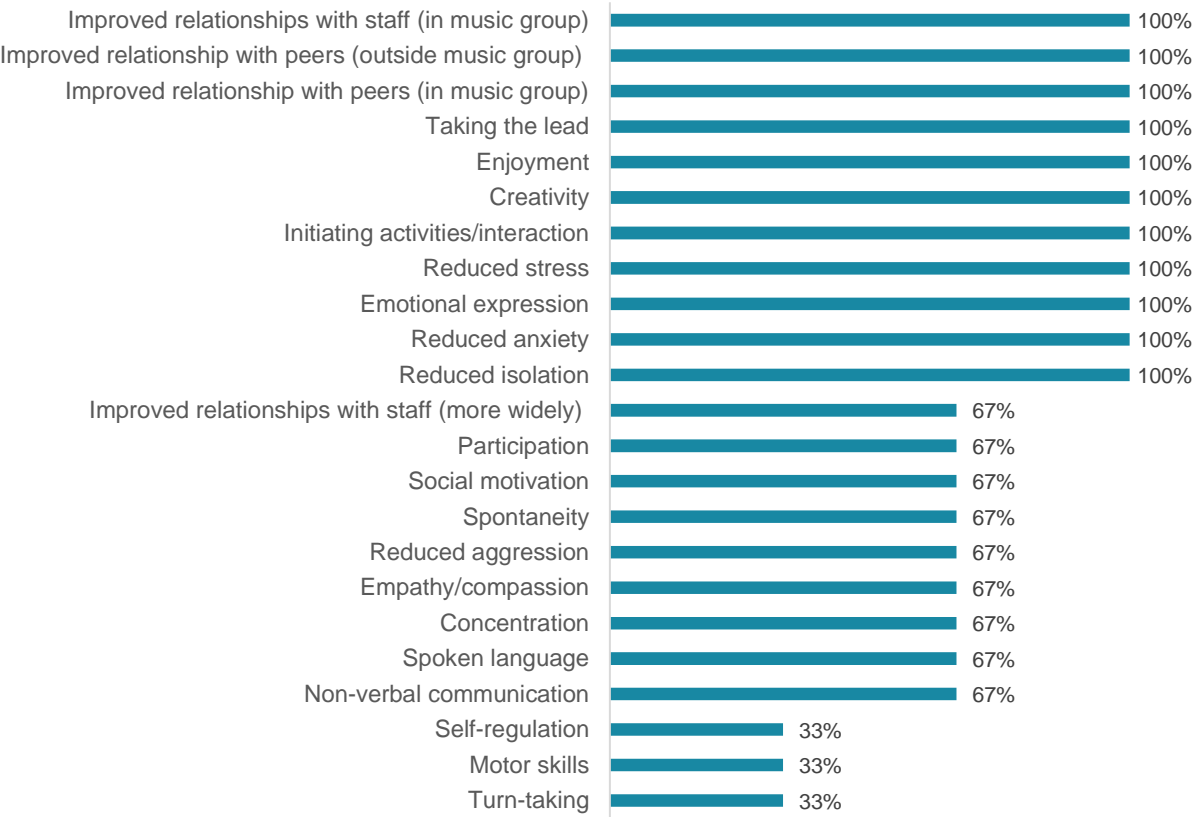
100% of our Partners are more committed to their work.

"We use music with youth and basically, we help them in building self-confidence, creativity, leadership, to avoid loneliness, etc."

(Youth Centre Rusizi, 2020)

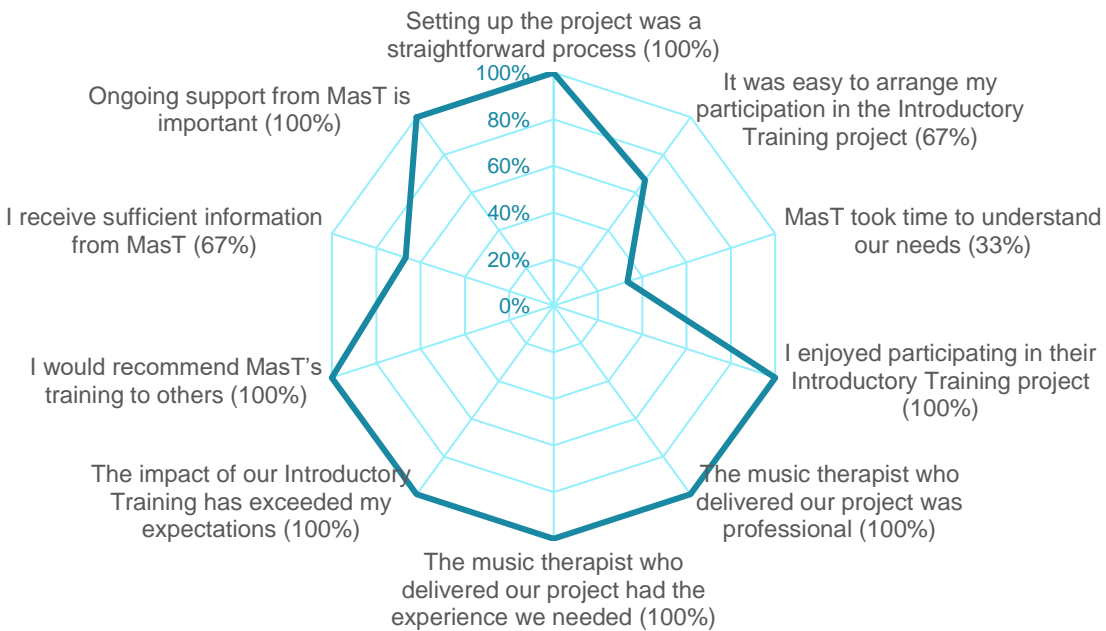
Impact of our Partners' music sessions

The below bar chart shows the percentage of our Rwandan Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



Experiences of working with *Music as Therapy International*

The below chart shows the percentage of our Rwandan Partners who agree with the statements regarding their experience of working with *Music as Therapy International*.



Georgia



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Georgia

Music as Therapy International has been working in Georgia since 2011. The past few years some of our Partners established the first Music Therapy Centre in Georgia and held their first Music Therapy conference.

Impact



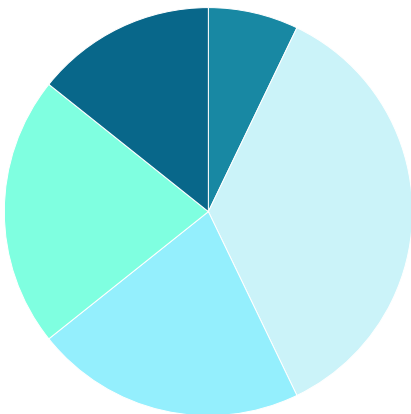
4 different care settings are where our Georgian Partners who returned completed questionnaires work and use music.



289 vulnerable people have the opportunity to access the music sessions ran by our Georgian Partners who participated in the survey.

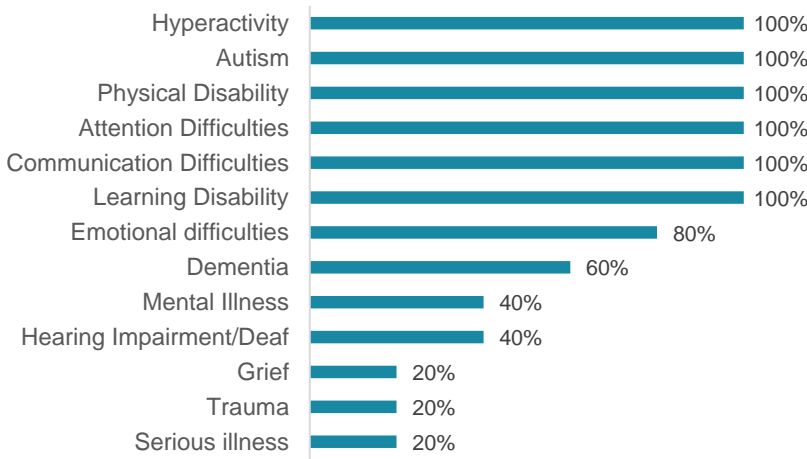
The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young Children (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)
- Adults (26-65 years)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Georgian Partners.

The bar chart on the right shows the percentage of our Georgian Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



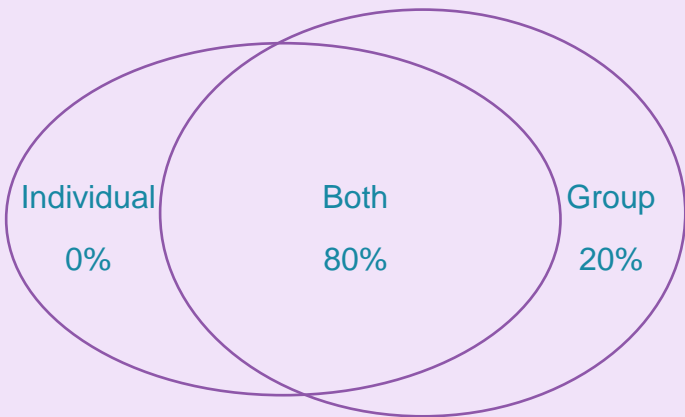
Music sessions

100% of our Georgian Partners who returned a completed questionnaire are still using music.

Our Georgian Partners have indicated that their music sessions are such an important part of their work and their care settings' timetable as 60% of our Partners are running music sessions more than once a week and 40% are using music once a week.

100% of our Georgian Partners have shown colleagues how to use music and talk to colleagues or other people about using music.

The Venn diagram on the right displays the percentage of our Partners in Georgia who are either using music with individuals and/or in groups.



Impact of Introductory Training project

Since our Georgian Partners' Introductory Training project:

100% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

100% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.

100% of our Partners are proud of their music sessions.

100% of our Partners are more confident.

100% of our Partners have more responsibility now.

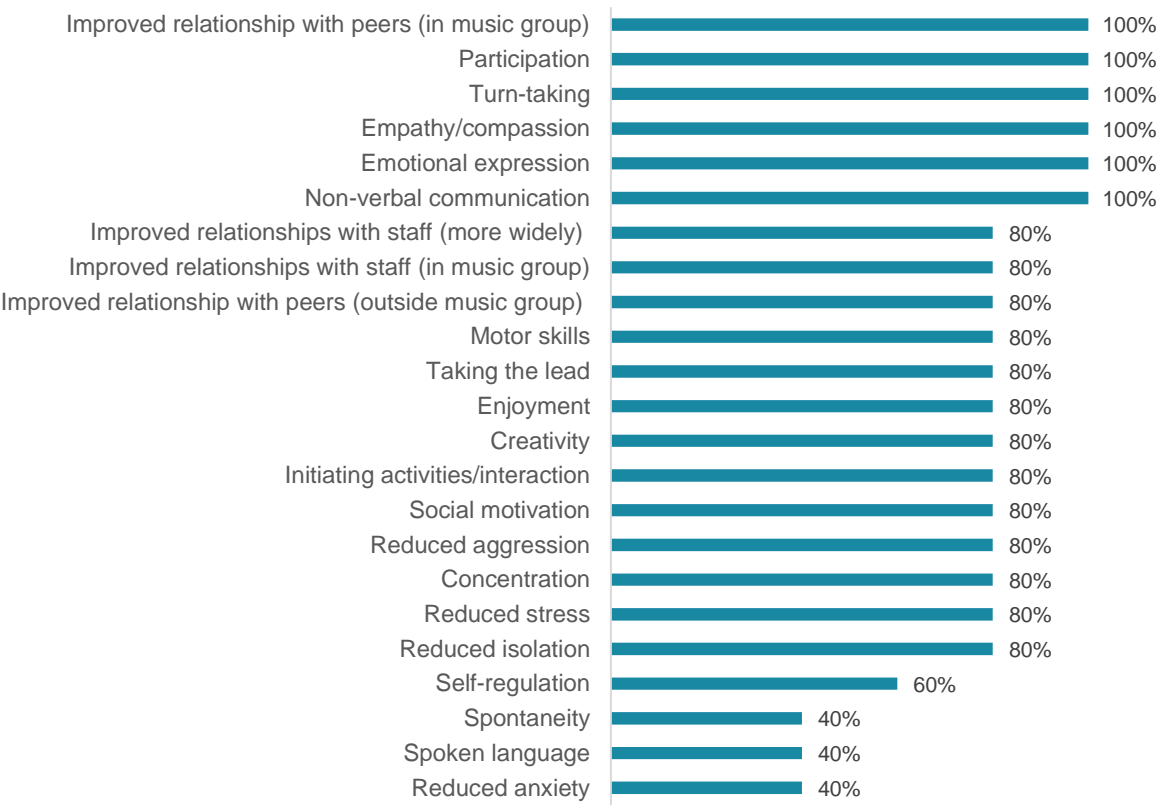
100% of our Partners are more committed to their work.

"I feel the greatest sense of pride and responsibility during holding the sessions."

(Public School #198, 2020)

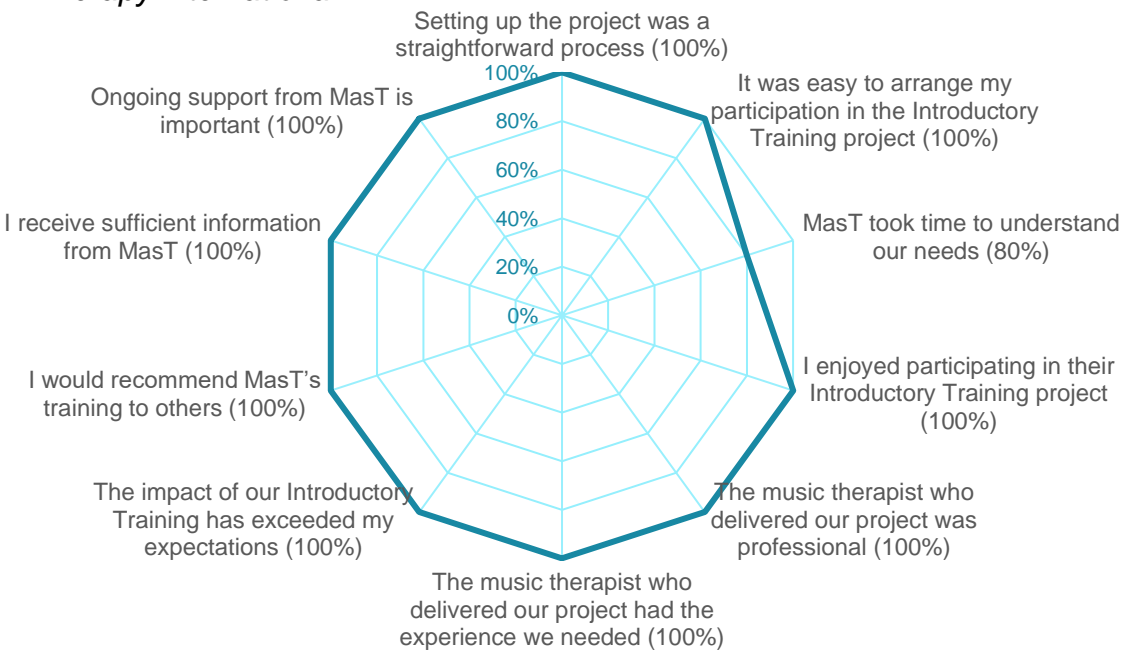
Impact of our Partners' music sessions

The below bar chart shows the percentage of our Georgian Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



Experiences of working with *Music as Therapy International*

The below chart shows the percentage of our Georgian Partners who agree with the statements regarding their experience of working with *Music as Therapy International*.



India



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India

Music as Therapy International has been working in India since 2015. India was the first country where *Music as Therapy International* worked where trainings to use music therapeutically already existed, so the first Introductory Training projects were delivered by a local music therapist alongside a UK therapist.

Impact



2 out of 4 care settings in India are where our Partners who participated in the survey are working and using music.



29 vulnerable people have the opportunity to access the music sessions ran by our Indian Partners who returned completed questionnaires.

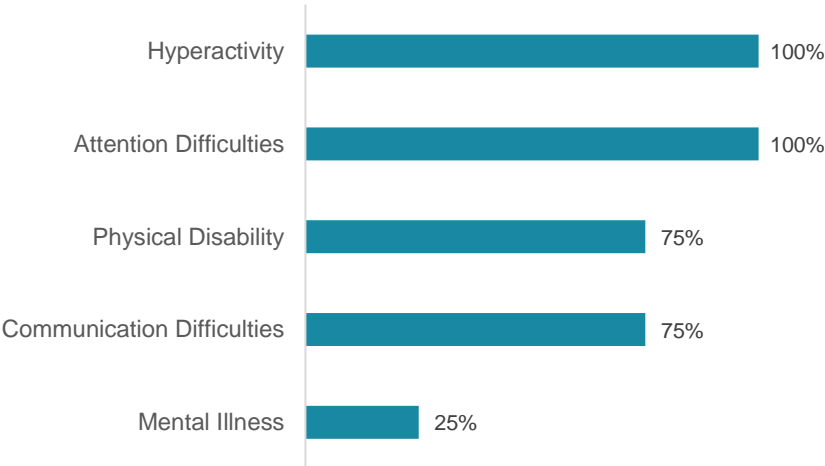
The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young Children (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)
- Adults (26-65 years)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Indian Partners.

The bar chart on the right shows the percentage of our Indian Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



Music sessions

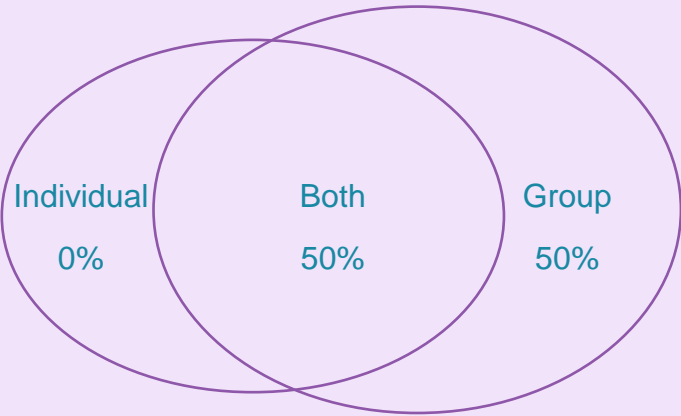
100% of our Indian Partners who returned a completed questionnaire are still using music.

Music sessions are a very important part of our Partners' work and their care settings' timetable.

75% of our Indian Partners are running music sessions once a week, and 25% are using music once a month.

100% of our Indian Partners have shown colleagues how to use music and talk to colleagues or other people about using music.

The Venn diagram on the right displays the percentage of our Partners in India who are either using music with individuals and/or in groups.



Impact of Introductory Training project

Since our Indian Partners' Introductory Training project:

100% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

100% of our Partners have noticed that what they have learned has changed their practice more widely than just in music sessions.

100% of our Partners are proud of their music sessions.

100% of our Partners are more confident.

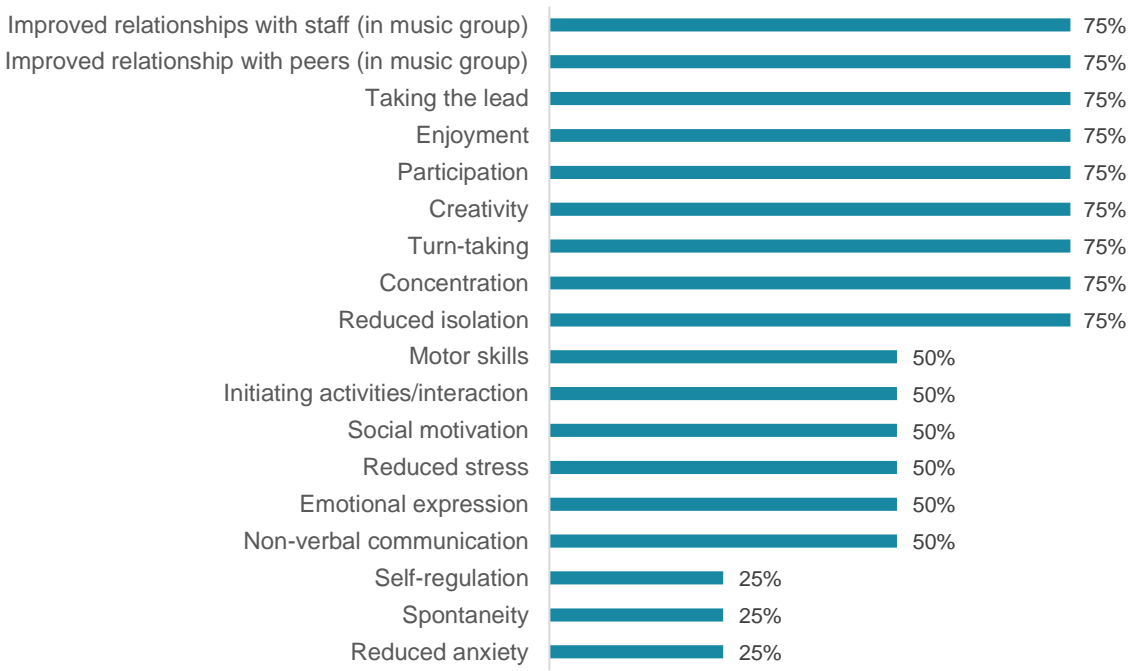
100% of our Partners have more responsibility now.

100% of our Partners are more committed to their work.

"I will see good changes in these children like sharing, social interaction with others to build the relationships with music therapy."
(Autism Research and Multidisciplinary School, 2020)

Impact of our Partners' music sessions

The below bar chart shows the percentage of our Indian Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



Experiences of working with *Music as Therapy International*

100% felt that it was easy to arrange their participation in the Introductory Training project.

25% agreed that *Music as Therapy International* took time to understand their needs for their Introductory Training project, whilst 75% did not know.

100% of our Partners enjoyed participating in their Introductory Training project.

100% of our Partners expressed that the music therapist who delivered their project was professional.

100% of our Partners expressed that the music therapist who delivered their project had the experience they needed.

100% of our Partners would recommend *Music as Therapy International's* training to others.

50% felt that they receive sufficient information from *Music as Therapy International*.

75% of our Indian Partners' expressed that ongoing support from *Music as Therapy International* is important.

Ethiopia



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international

Ethiopia

Music as Therapy International has been working in Ethiopia since 2018. Our Partners in Ethiopia are working with a very wide range of client groups and unlike other countries, our Ethiopian Partners are predominately working with adults who are 26+ years of age.

Impact



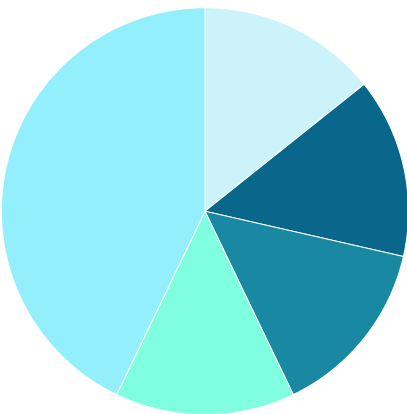
3 care settings are where participants of the survey are working, which are the initial care settings where Introductory Training projects were first delivered in Ethiopia.



612 adults have the opportunity to access the music sessions offered by the settings where our Partners who returned completed questionnaires work.

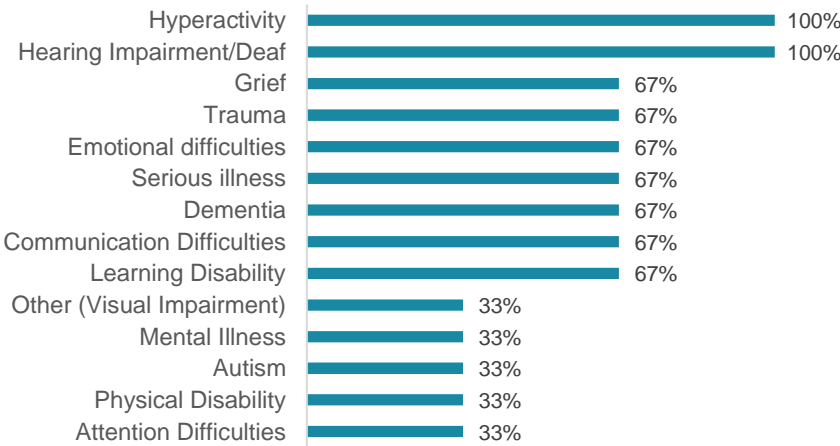
The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young Children (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)
- Adults (26-65 years)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Ethiopian Partners.

The bar chart on the right shows the percentage of our Ethiopian Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



Music sessions

Our Ethiopian Partners have indicated that their music sessions are an important part of their work and their care settings' timetable.

67% of our Ethiopian Partners who returned a completed questionnaire are still using music whilst 33% are no longer running music sessions.

All our Ethiopian Partners have told us that the care setting where they work provide music sessions more than once a week, and for one of the care settings music-making happens everyday.

100% of our Ethiopian Partners have shown colleagues how to use music and talk to colleagues or other people about using music.

Among the care settings providing music sessions, 33% of our Ethiopian Partners are using music with individuals, and 67% are running group sessions.

Impact of Introductory Training project

Since our Ethiopian Partners' Introductory Training project:

100% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

100% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.

100% of our Partners are proud of their music sessions.

100% of our Partners are more confident.

100% of our Partners have more responsibility now.

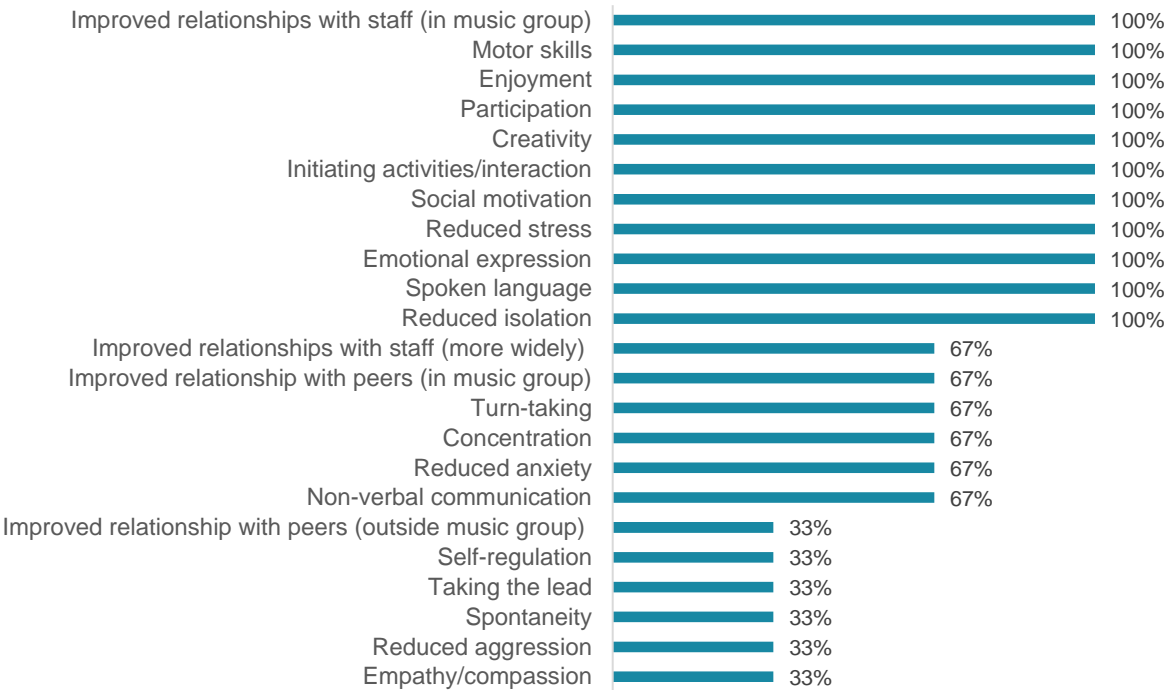
100% of our Partners are more committed to their work.

“There are students who only love music, and do not feel happy when taking part in any other work except for music”

(Firkir Ethiopian National Association for Intellectual Disabilities, 2020)

Impact of our Partners' music sessions

The below bar chart shows the percentage of our Ethiopian Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



Experiences of working with *Music as Therapy International*

67% of our Partners felt that setting up the project was a straightforward process and that their participation was easy to arrange.

33% agreed that *Music as Therapy International* took time to understand their needs for their Introductory Training project.

100% of our Partners enjoyed participating in their Introductory Training project.

100% of our Partners expressed that the music therapist who delivered their project was professional and 67% told us that the music therapist who delivered their project had the experience they needed.

100% of our Partners told us that the impact of the Introductory Training has exceeded their expectations and would recommend *Music as Therapy International's* training to others.

67% felt that they receive sufficient information from *Music as Therapy International*.

100% of our Ethiopian Partners' expressed that ongoing support from *Music as Therapy International* is important.

Myanmar



music as therapy
international

Myanmar

Music as Therapy International has been working in Myanmar since 2019. Myanmar is the newest region to where *Music as Therapy International* is currently working and building on work started by an independent music therapist.

Impact



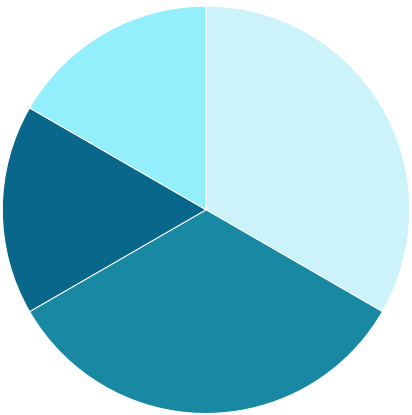
3 care settings are where participants of the survey are using music, which are all the care settings where *MasT* initially delivered projects in Myanmar.



90 children have the opportunity to access the music sessions ran by our Burmese Partners who returned completed questionnaires.

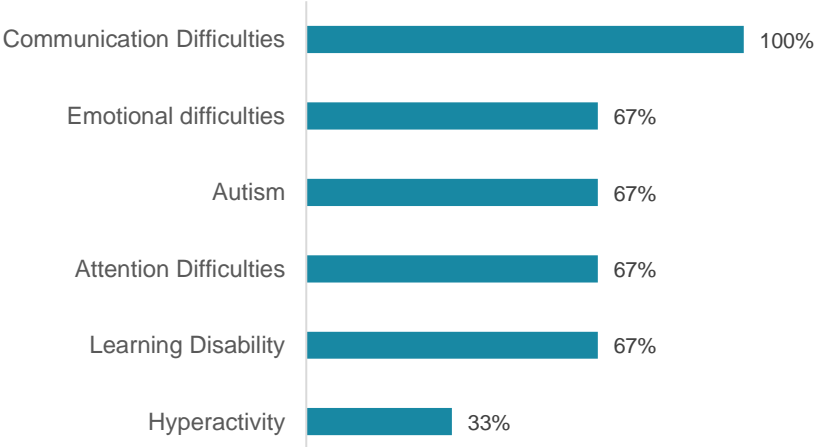
The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young Children (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Burmese Partners.

The bar chart on the right shows the percentage of our Burmese Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



Music sessions

67% of our Burmese Partners feel that their music sessions are an important part of their work and their care settings’ timetable.

67% of our Burmese Partners who returned a completed questionnaire are still using music regularly, either once or more times a week; and 33% are occasionally running music sessions.

All our Burmese Partners are using music in group sessions, and in one of the care settings they are also using music with individuals.

100% of our Burmese Partners have shown colleagues how to use music and 67% talk to colleagues or other people about using music.

Impact of Introductory Training project

Since our Burmese Partners’ Introductory Training project:

100% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

100% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.

100% of our Partners are proud of their music sessions.

100% of our Partners are more confident.

100% of our Partners have more responsibility now.

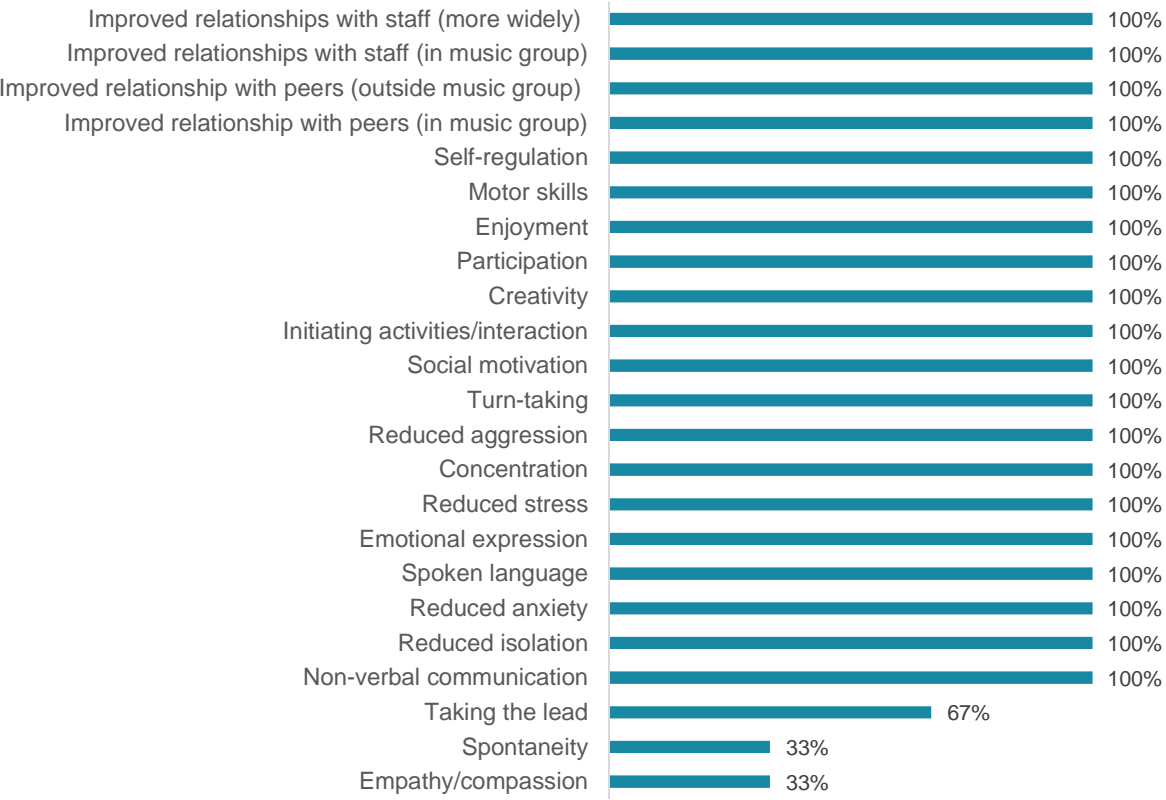
100% of our Partners are more committed to their work.

“I like the fact that music therapy helps children express their emotional feelings using music. They become obedient and mutual relationships are getting stronger and closer.”

(Flowers Special Education and Physiotherapy Centre, 2020)

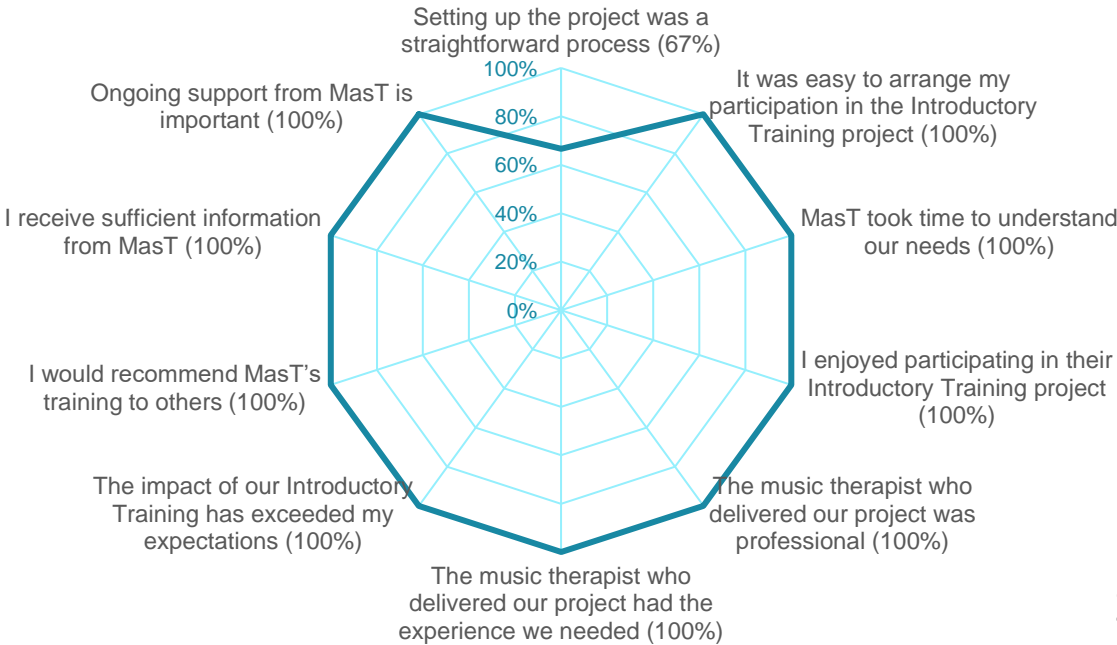
Impact of our Partners’ music sessions

The below bar chart shows the percentage of our Burmese Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



Experiences of working with *Music as Therapy International*

The below chart shows the percentage of our Burmese Partners who agree with the statements regarding their experience of working with *Music as Therapy International*.



Key learnings

Music continues to be a significantly important part of the care that our Partners worldwide provide. In addition to the insights on the previous pages, there are many other key learnings from our Partners' completed surveys, strengthening our understanding of local practices in ways which will help to inform future Introductory Training projects and the ways we support our existing Partners.

Therapeutic benefits of music: Our Partners report of the positive and meaningful experiences music gives the vulnerable people who are in their care, the ways it enhances the opportunities they offer and the powerful impact it can have for people facing wide ranging difficulties across the lifespan. Several told us about how they are also personally benefiting from the shared meaningful experiences, and how the use of music has also strengthened their work with the families of some vulnerable people. The emphasis differs from country to country, as do the main client groups with whom our Partners work, but there is also commonality across our global network.

Sustainable Impact: Following introductory training provided by *Music as Therapy International*, our International Partners are able to integrate new music skills into their work with vulnerable people worldwide. With ongoing support, this use of music can be embedded into care and education opportunities maintained independently for many years.

Capacity Strengthening: Many of our Partners told us how their music training has fed their professional development. Local leadership is strong, with many Partners in a number of different countries sharing their skills with others and promoting the therapeutic role of music locally.

Listening to our Partners' Needs: We strive to be Partner-led through each stage of project development, so we can tailor our approach to what is wanted and needed locally. However, Partner feedback indicates this is not always felt at a local level. We need to work harder to seek out the views of participants in our projects, to ensure we are not led solely by those whose voices are easier to hear, and to understand better where our efforts are falling short.

Tailoring our Support: Our Partners have given us clear guidance with respect to specific aspects of music practice with which they would like further help. These include:

- Provision of musical activity resources, especially for people living with dementia and people who live with trauma.
- Opportunities for our Partners to share their experiences of using music across Music as Therapy International's global network.
- Access to supervision on our Partners' music sessions.
- Additional training for our Partners to extend their use of music with new client groups.
- Access to new or additional musical instruments to replenish and build their resources.

Engagement: Despite the challenges of Covid we were heartened by the number of Partners who provided detailed responses to our survey. Their willingness to share their stories and to continue their learning evidences a strong commitment to keeping music integral to the care they provide. Alongside specific local guidance on how we might tailor our support and digital developments over the past year, it is exciting to think about new ways we can nurture our Partners' use of music practice in the future.



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