THE MOTIVATION PROGRAMME

A Guide for new Interactive Music-Makers



We know that, for our Partners, getting started with music is the easy bit – it's keeping going that's harder. So, we launched the Motivation Programme in 2019 as an umbrella home for all the support activities our Partners can access to keep their momentum up. This guide runs new Interactive Music-Makers through the support options available to you.

> "It's really great to have the support and to have it available so long after the course.
>
> *Tonia, Interactive Music-Maker since 2017*

interactive music-making
working with the under 5s

music as therapy international



Congratulations on completing your training! You are now an Interactive Music-Maker, and a Partner of Music as Therapy International. This also means you are a member of our growing UK Partner Network of care practitioners and educators across the UK who know how to use the unique interactive music-making approach.

Now you're a Partner, the charity is here to support you with your music practice for as long as you need us. You can always get in touch to ask for support – to troubleshoot challenges, celebrate successes, discuss new activity ideas or kickstart your sessions again.

Motivation Programme

We know that the IMM Course leaves you inspired and excited to run music sessions, but sometimes you need help to keep them going. This is where the Motivation Programme comes in. This is the umbrella for our support offer, open to all Interactive Music-Makers for as long as you need it. It includes all the resources and opportunities below.

Tailored Partner Support

You can reach out to ask questions at any time, request a visit from a music therapist, or to ask to visit another Interactive Music-Maker at work. Just send us an email using the contact details at the end of this guide.



CPD Events

We offer regular, free Continued Professional Development Events (usually termly and online on Zoom) where you can discuss anything and everything IMM related, with an IMM

> "I enjoyed meeting everyone and sharing experiences. I have taken with me fantastic ideas with which I will improve my practice.
>
> *Ewa, Interactive Music-Maker since 2015*

Tutor and other Interactive Music-Makers. All CPD participants receive a pair of Music as Therapy International egg shakers, a CPD certificate and an up-to-date window sticker (featured on the left)! The Events are advertised on our website, social media and Interactive Music-Maker mailing list.



The Partner Bulletin

This is a great outlet for sharing stories, activities, and Partner news from across the UK. You'll find instrument giveaways, opportunities to join upcoming CPD events, invitations to contribute, and opportunities to ask our music therapists your questions or learn from those asked by other Partners. Some editions have been themed by client group, so why not start by taking a look at the Under 5s edition? You will be automatically enrolled to receive future editions (you can unsubscribe at any time).

> "I had some questions about supporting language development and encouraging a child who has removed himself from the IMM group to return. The tutor, and the other participants, gave me some new tools/strategies to try during my sessions.

Carolyn, Interactive Music-Maker since 2019

> "Thanks for this. The newsletter is great! Useful feedback in a format that works well for busy practitioners.

Ali, Early Years Lead, Waterways Nursery



Accessible Online Resources

You can download our Evidence Bases, Activity Book, and other resources on our Resources page, looking for the version relevant to your client group. Here, you'll also find general musical activity picks for you to try out. Just use the drop-down menu to select 'UK' and the client group you work with and browse. Remember, our Newsletters also contain resources from external organisations that may interest you.



Interactive Music-Making Activity Book

Activity Books are also available for each key client group, including guidance for practice alongside COVID-19. You will have already received the IMM Activity Book as part of the course, but the COVID-19 Guidance covers 'Activity quick picks' by theme; 'Using music without instruments' and 'Using music with children who don't know each other so well.'

The Role of Music for the Under Fives: The Evidence Base

You can download the most recent Under Fives Evidence Base, which is drawn from the 2nd edition of our comprehensive Research Summary (2020) on our Resource page. This is one of a number of leaflets which summarise the research underpinning music therapy practice for different client groups. This is useful for showing parents, managers and colleagues, the leaflets provide persuasive quantitative and qualitative evidence supporting the interactive music-making approach.

The Musical Instrument Fund



The Musical Instrument Fund allows Partners to apply for further musical instruments if in need, whether your instruments need replacing or replenishing, or you'd like to expand your current selection. You may also apply to the Musical Instrument Fund if you move to a different setting and want to set up IMM sessions in your new place of work.

Please Note: Musical Instruments are donated to settings, not to individuals. To request some more musical instruments for your setting please use the contact details below.

> "We do have a large number of families wanting to access Interactive Music-Making, however, due to lack of resources, we are only able to offer a waiting list. Additional musical instruments will make such an impact for us.
>
> *Kheeima, Interactive Music-Maker since 2018*

Email **zackmorrisjones@musicastherapy.org** to sign up to the newsletter or request support
Find Resources at **www.musicastherapy.org/resources/**
Find everything else at **www.interactivemusicmaking.org**