

## Ethiopia

Music as Therapy International has been working in Ethiopia since 2018. Our Partners in Ethiopia are working with a very wide range of client groups and unlike other countries, our Ethiopian Partners are predominately working with adults who are 26+ years of age.

## **Impact**



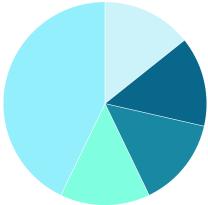
3 care settings are where participants of the survey are working, which are the initial care settings where Introductory Training projects were first delivered in Ethiopia.



612 adults have the opportunity to access the music sessions offered by the settings where our Partners who returned completed questionnaires work.

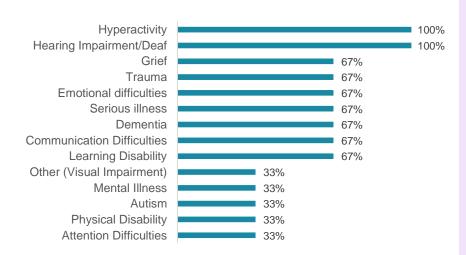
## The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young Children (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)
- Adults (26-65 years)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Ethiopian Partners.

The bar chart on the right shows the percentage of our Ethiopian Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



#### Music sessions

Our Ethiopian Partners have indicated that their music sessions are an important part of their work and their care settings' timetable.

67% of our Ethiopian Partners who returned a completed questionnaire are still using music whilst 33% are no longer running music sessions.

All our Ethiopian Partners have told us that the care setting where they work provide music sessions more than once a week, and for one of the care settings music-making happens everyday.

100% of our Ethiopian Partners have shown colleagues how to use music and talk to colleagues or other people about using music.

Among the care settings providing music sessions, 33% of our Ethiopian Partners are using music with individuals, and 67% are running group sessions.

## Impact of Introductory Training project

Since our Ethiopian Partners' Introductory Training project:

100% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

100% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.

100% of our Partners are proud of their music sessions.

100% of our Partners are more confident.

100% of our Partners have more responsibility now.

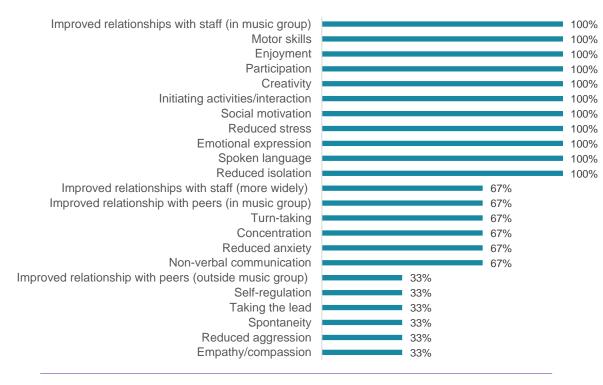
100% of our Partners are more committed to their work.

"There are students who only love music, and do not feel happy when taking part in any other work except for music"

(Firkir Ethiopian National Association for Intellectual Disabilities, 2020)

### Impact of our Partners' music sessions

The below bar chart shows the percentage of our Ethiopian Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



# Experiences of working with *Music as Therapy International*

67% of our Partners felt that setting up the project was a straightforward process and that their participation was easy to arrange.

33% agreed that *Music as Therapy International* took time to understand their needs for their Introductory Training project.

100% of our Partners enjoyed participating in their Introductory Training project.

100% of our Partners expressed that the music therapist who delivered their project was professional and 67% told us that the music therapist who delivered their project had the experience they needed.

100% of our Partners told us that the impact of the Introductory Training has exceeded their expectations and would recommend *Music as Therapy International's* training to others.

67% felt that they receive sufficient information from *Music as Therapy International.* 

100% of our Ethiopian Partners' expressed that ongoing support from *Music* as *Therapy International* is important.



Music as Therapy International Mowll Street Business Centre 11 Mowll Street London SW9 6BG



Tel. +44 (0) 20 7735 3231 Email: info@musicastherapy.org Skype: mastinternational