

International
Partner Survey
Report:
Myanmar



Myanmar

Music as Therapy International has been working in Myanmar since 2019. Myanmar is the newest region to where Music as Therapy International is currently working and building on work started by an independent music therapist.

Impact



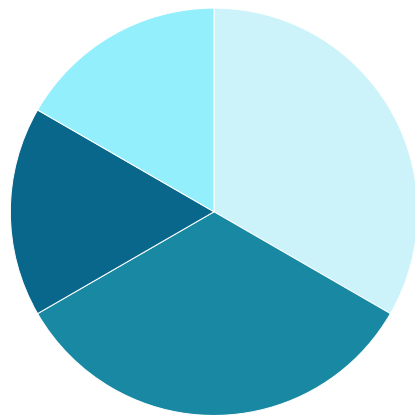
3 care settings are where participants of the survey are using music, which are all the care settings where MasT initially delivered projects in Myanmar.



90 children have the opportunity to access the music sessions ran by our Burmese Partners who returned completed questionnaires.

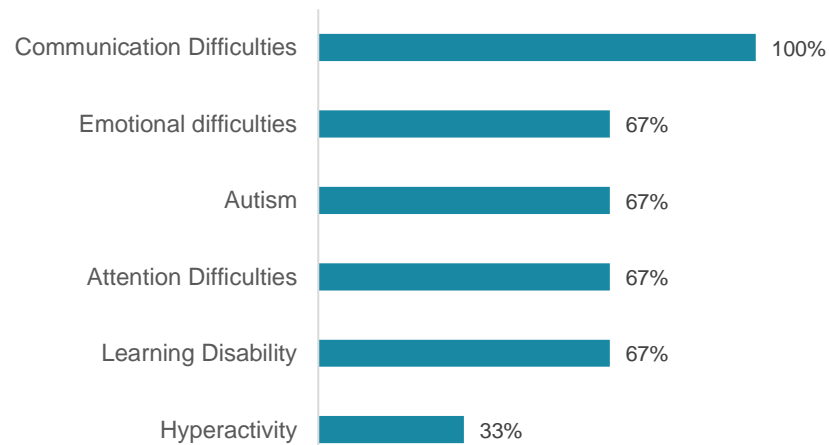
The vulnerable people our Partners work with

- Very Young Children (0-5 years)
- Young Children (6-12 years)
- Adolescents (13-19 years)
- Young Adults (20-25 years)



The pie chart to the left represents the age groups of the vulnerable people who participate in the music sessions ran by our Burmese Partners.

The bar chart on the right shows the percentage of our Burmese Partners who are using music with the wide-ranging vulnerable people who have the various difficulties.



Music sessions

67% of our Burmese Partners feel that their music sessions are an important part of their work and their care settings' timetable.

67% of our Burmese Partners who returned a completed questionnaire are still using music regularly, either once or more times a week; and 33% are occasionally running music sessions.

All our Burmese Partners are using music in group sessions, and in one of the care settings they are also using music with individuals.

100% of our Burmese Partners have shown colleagues how to use music and 67% talk to colleagues or other people about using music.

Impact of Introductory Training project

Since our Burmese Partners' Introductory Training project:

100% of our Partners agree that what they have learnt has changed how they teach, work or provide care.

100% of our Partners have noticed that what they have learned has changed their practice more widely that just in music sessions.

100% of our Partners are proud of their music sessions.

100% of our Partners are more confident.

100% of our Partners have more responsibility now.

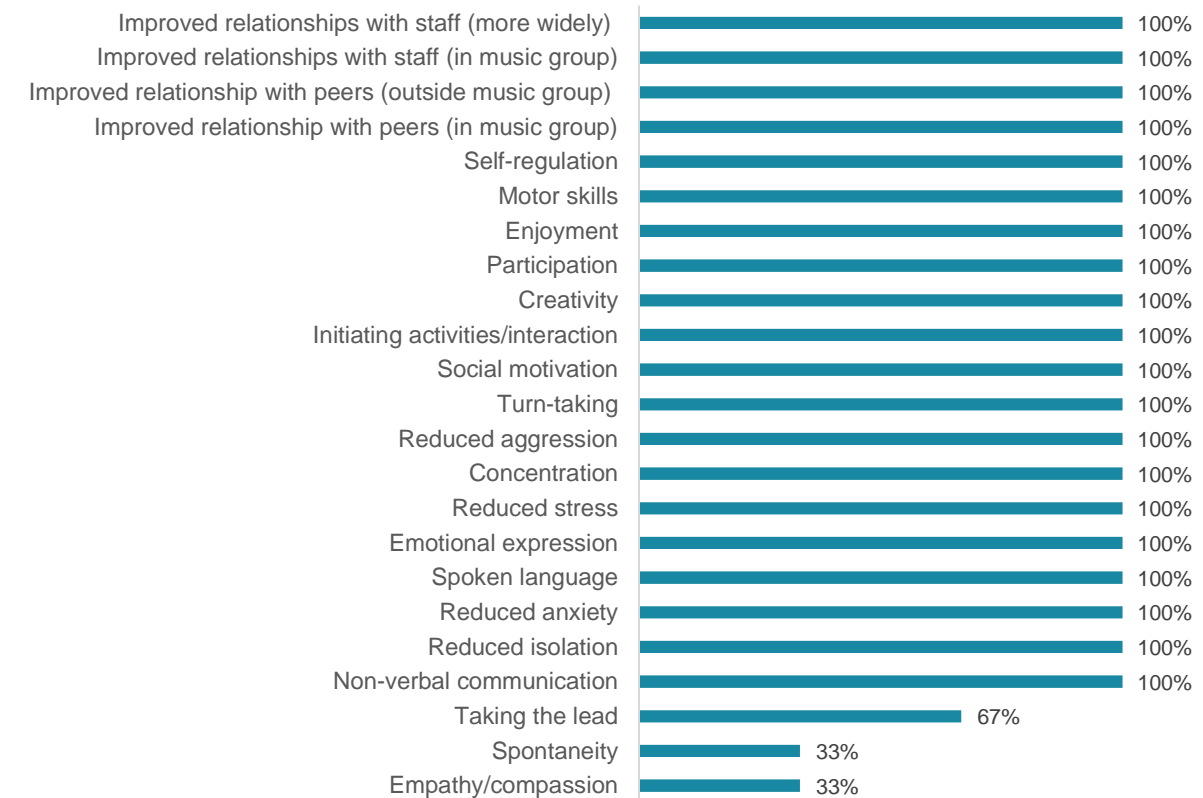
100% of our Partners are more committed to their work.

"I like the fact that music therapy helps children express their emotional feelings using music. They become obedient and mutual relationships are getting stronger and closer."

(Flowers Special Education and Physiotherapy Centre, 2020)

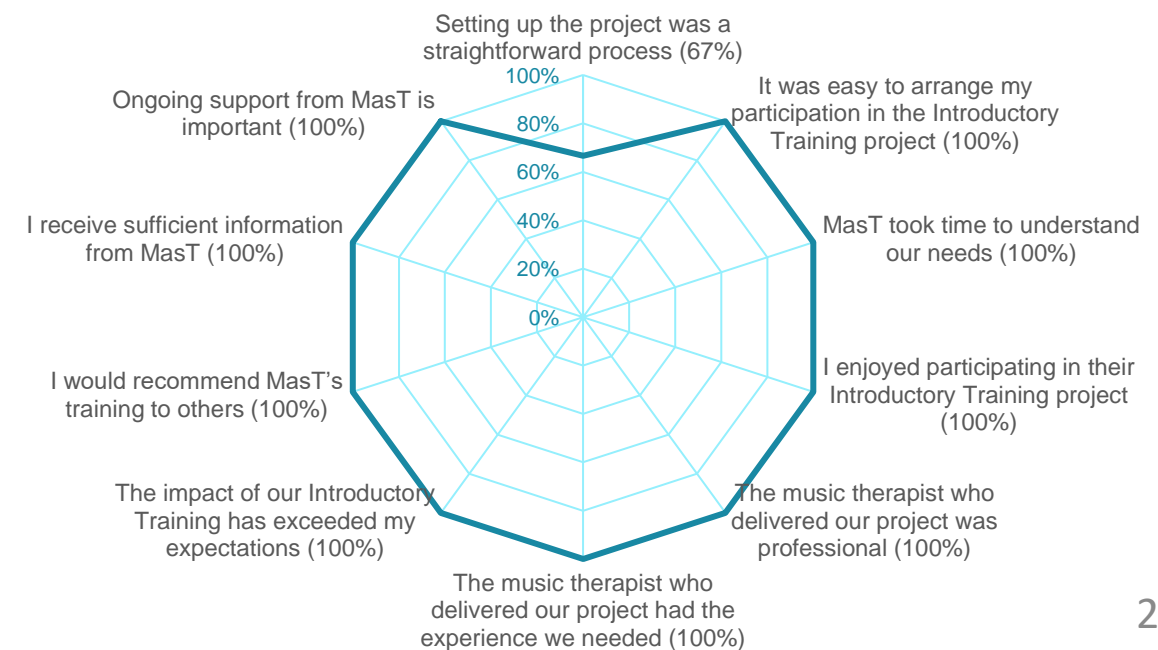
Impact of our Partners' music sessions

The below bar chart shows the percentage of our Burmese Partners who say the vulnerable people in their care are experiencing the following therapeutic benefits from their music sessions.



Experiences of working with Music as Therapy International

The below chart shows the percentage of our Burmese Partners who agree with the statements regarding their experience of working with Music as Therapy International.





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