

# The Motivation Programme

A Guide for new Interactive Music-Makers



“ Despite the hard work of running the sessions and writing reflection and observations to complete the practical portfolio, the personal and professional development is amazing. . . IMM builds one up in confidence, and there is a sense of achievement you feel once it is done. Especially watching and seeing the children develop and build relationships with you. ”

*Interactive Music-Maker, 2019*



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interactive  
music-making  
working with the under 5s

Oxleas  
NHS  
Improving lives



Congratulations on completing your training! You are now an Interactive MusicMaker, and a Partner of Music as Therapy International. This also means you are a member of our growing UK Partner Network of care practitioners and educators across the UK who know how to use the unique interactive musiemaking approach.

Now you're a Partner, the charity is here to support you with your music practice for as long as you need us. You can always get in touch to ask for support – to troubleshoot challenges, celebrate successes, discuss new activity ideas or kickstart your sessions again.

## Continued Professional Development Events

We offer regular, free CPD Events (usually termly) where you can discuss just this, with an IMM Tutor and other Interactive MusicMakers. To find out about the next event and to sign up to attend, visit our '[For Interactive MusicMakers](#)' page on the IMM Site. All CPD participants receive a pair of Music as Therapy International egg shakers, a CPD certificate and an uptodate window sticker (featured above)! You can also offer to host a CPD Event, just send us an email to let us know you're interested to do so.

“ It's really great to have the support and to have it available so long after the course. ”

*Tonia Brown, Interactive Music-Maker since 2017*



## Partner Support Mechanism

In addition to our CPD events, you can use our [Partner Support Mechanism](#) to ask questions at any time, to request a visit from a music therapist, or ask to visit another Interactive Music-Maker at work. You can access this through the [IMM website](#) or via the UK Partner Resources Page (read on for more information).

“ I enjoyed meeting everyone and sharing experiences. I have taken with me fantastic ideas with which I will improve my practice. ”

*Ewa Sulwiga, Interactive Music-Maker since 2015*

## UK Resources Page

Music as Therapy International's website includes our [UK Resources Page](#) – an online library of relevant resources for our partners working with a range of client groups:

### The Partner Newsletter

This is a great outlet for sharing stories, activities, and Partner news from across the UK. You'll find instrument giveaways, invitations to contribute, and opportunities to ask our music therapists your questions or learn from those asked by other partners. Some editions have been themed by client group, so why not start by taking a look at [the Under 5s edition](#)? You will be automatically enrolled to receive future editions (you can unsubscribe at any time).

“ Thanks for this. The newsletter is great! Useful feedback in a format that works well for busy practitioners. ”

*Ali McKenzie, Early Years Lead, Waterways Nursery*

Please Note: During COVID-19 we have replaced our newsletter with regular email bulletins so we can be more responsive to our Partners' changing needs. These 'keeping going' bulletins will be sent to you directly and you can also find them on our [blog](#).

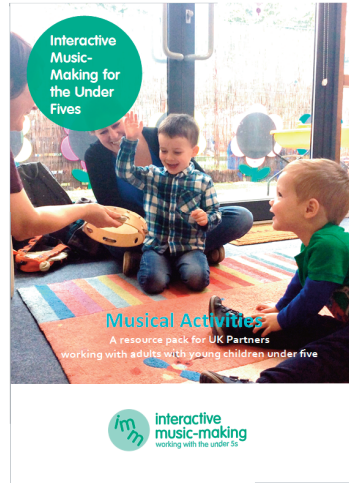
### The Role of Music for the Under Fives: The Evidence Base

You can download the most recent Under Fives Evidence Base, which is drawn from the 2nd edition of our comprehensive Research Summary (2020). This is one of a number of leaflets which summarise the research underpinning music therapy practice for different client groups.

Useful for showing parents, managers and colleagues, the leaflets provide persuasive quantitative and qualitative evidence supporting the interactive musicmaking approach.

## Interactive MusicMaking Activity Book

Activity Books are also available for each key client group, including guidance for practice alongside COVID-19. You will have already received the IMM Activity Book as part of the course, but the [COVID-19 Guidance](#) covers 'Activity quick picks' by theme; 'Using music without instruments' and 'Using music with children who don't know each other so well'.



## The Musical Instrument Fund

The Musical Instrument Fund allows Partners to apply for further musical instruments if in need. The Fund was launched in response to COVID-19, to help our partners who do want to continue to use musical instruments but who need additional resources to make this easier and reduce risks of cross-contamination. However the fund also applies to normal circumstances, when instruments need replacing or replenishing. You may also apply to the Musical Instrument Fund if you move to a different setting and want to set up IMM sessions in your new place of work.

Please Note: Musical Instruments are always donated to settings, not to individuals. To request some more musical instruments for your setting please use the contact details below to request an Application Form.

**“ We do have a large number of families wanting to access Interactive Music-Making, however, due to lack of resources, we are only able to offer a waiting list.... Additional musical instruments will make such an impact for us. ”**

*Kheeima Stewart, Interactive Music-Maker since 2018*

To find out more about the Motivation Programme, or to request any of the support options listed above, please contact:

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[www.musicastherapy.org](http://www.musicastherapy.org)