



music as therapy
international Registered Charity No: 1070760

Music as Therapy International Introductory Training Project: **Livability Horizons (Poole)**

Role: Music Therapist trainer, 8 hours per week for 8 weeks
22 hours preparation and evaluation

Salary: £40/hour (£3,400 gross)

Location: Branksome, Poole

Timeframe: June – August 2022

Context: Livability is a national charity which provides care, support and education for more than 1,000 children, young people and adults with a wide range of disabilities, across the UK. Livability Horizons is one of the charity's residential transition and respite services, based near Poole, Dorset. The service supports 9 young adults with profound physical and intellectual disabilities.

Music as Therapy International is looking for a Music Therapist to deliver an Introductory Training Project, over a series of 8 weeks, at Livability Horizons in Branksome, Poole. Full training, support and supervision will be provided. *More information about Music as Therapy International's approach to skill-sharing can be found on our website www.musicasterapy.org or find us on Facebook or Instagram for a more informal insight into our different project.*

Rationale: The Livability Horizons team and the people they support have lived and worked through significant disruption over the past few years. The service has had some prior experience of music/drama activities, which have always been well received, but have not been continuous. The setting manager sees this project as a development opportunity for his team, which he hopes will help and inspire them to enrich their care, after COVID and temporary re-location saw them dramatically reduce their activity programme and enforced an extended period of significant isolation.

Project Structure: The music therapist will deliver a series of weekly music sessions with the staff identified by Livability, for the people they support. There will be an emphasis on individual sessions, but may also be scope to explore pair work and an open group. Staff will learn skills and techniques to create meaningful musical opportunities for the people they support, by watching how the music therapist works and then gradually taking greater responsibility within the sessions. As participating staff progress from observing through to leading they will gain the confidence, experience, skills and resources to continue running their own music sessions into the future.

What we are looking for: The successful applicant will share *Music as Therapy International's* belief that the sharing of skills between a music therapist and care/education practitioners is a positive approach to:

- improving care practice
- increasing opportunities for vulnerable people
- helping people in regular contact with vulnerable people assess their needs and make appropriate referrals for specialist intervention
- promoting music therapy

They will have:

- proven experience of working with adults with learning disabilities, physical disabilities, and high sensory needs
- some experience of working with support staff and other professionals within and around music therapy sessions
- some experience of delivering workshops and/or teaching
- an enhanced DBS check and HCPC registration

Expressions of interest from local music therapy services considering this piece of work for one of their team are welcome, as well as applications from independent/freelance therapists.

For an application form or further information please contact Elsa Hariades by email on elsahariades@musicasterapy.org or 020 7735 3231.

CLOSING DATE: Friday 13th May 2022 (**Interviews: Monday 23rd May 2022**)

Key dates: Briefing and initial preparation: *TBC (likely timing week beginning Monday 13th June 2022)*
Start date: *Week beginning 20th June, date and time TBC (it is anticipated that the therapist will be on site for one full day each week, flexibility on the day of the week)*
Debriefing: *TBC (likely timing week beginning 15th August 2022)*