



Musical Instruments Catalogue



music as therapy
international

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What is this catalogue?

This Musical Instruments Catalogue shows the types of appropriate instruments available to use in music sessions.

This catalogue is to help you think about which instruments would be useful in your sessions. It includes instruments which are appropriate for a variety of client groups. Your choice should be guided by the strengths and needs of the people you work with, as well as thinking about building a collection of instruments with diverse qualities.

In various places worldwide, there are some musical instruments that could be sourced locally or which are relevant to your local culture. These may also be very suitable to use in music sessions, so remember to also think about any instruments that are available where you are.

The musical instruments in this catalogue have been grouped by price. The category 1 instruments cost more than the category 2 instruments, which cost more than the category 3 instruments.

Category 1



Wind Chimes



Slit Drum



Bass Drum



Ocean Drum



Bongo Drum



Djembe



Chime Bars
(individual)

Category 2



Metal Guiro



Cymbal Stand



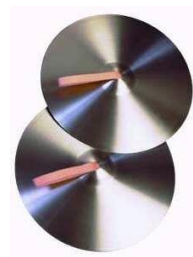
Metal Cabasa



Caxixi



Waterfall Shaker



Cymbal



Agogo Bells



Wooden Shekere

Category 3



Kokoriko



Seed Shaker



Wooden Guiro



Maracas



Hand Drums



Half Moon
Tambourine



Claves



Wooden Agogo



Tambourine



Wooden Block
and Beater



Rainstick



Triangle

Category 3



Tulip
Woodblock



Plastic Maracas



Jingle Stick



Finger
Cymbals



Cow Bell



Hand Bells



Indian Bells



Castanets



Beaters